FREDERICTON

Sunday 7:00PM 1.5 hour(s) Fredericton O,BT

Living in the Miracle 536 Northumberland Street

Monday 7:00PM 1.5 hour(s) Fredericton O,RF,LC

Free Spirit Group 473 King Street Carlton Street Door.

Tuesday 7:00PM 1.25 hour(s) Fredericton SPAD

Living Free 65 Brunswick Street

Wednesday 7:00PM 1.5 hour(s) Fredericton

Free Spirit 473 King Street

Thursday 7:00PM 1.5 hour(s) Fredericton O,IW

Living in the Miracle 536 Northumberland Street

Friday 7:00PM 1.25 hour(s) Fredericton Rr

Living Free 65 Brunswick Street

Saturday 7:00PM 1.25 hour(s) Fredericton BT

Living Free 65 Brunswick Street

MONCTON

Tuesday 7:00PM 1 hour(s) Moncton O,D,To,ENG

Unity is The Key 85 Macbeth

Thursday 7:00PM 1 hour(s) Moncton D,JT,ENG

Unity Is the Key 85 Macbeth

ROTHESAY

Saturday 7:00PM 1.25 hour(s) Rothesay O,CL,RF,ENG

Nature of Recovery 4 Church Ave Next to the post office (enter, turn left, downstairs - turn left -straight ahead)

SAINT JOHN

Monday 7:00PM 1.25 hour(s) Saint John O,St

Clean and Serene 101 Coburg Street Enter from back door on Hazen Street - Look for the NA sign

Wednesday 7:00PM 1.25 hour(s) Saint John O,To

Clean and Serene 101 Coburg Street Entrance from back dorr on Hazen Street, Look for NA sign

Friday 7:00PM 1.25 hour(s) Saint John O,St,BK

Freedom Group 646 westmoreland road use the side entrance

Meeting Format Legend

BT	Basic Text	CL	Candlelight
D	Discussion	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	Rr	Round Robin
St	Step	To	Topic
BK	Book Study	ENG	English speaking
LC	Living Clean	SPAD	A Spiritual Principle a Day

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

PHONE NUMBERS

Narcotics Anonymous

New Brunswick Area

www.nanbasc.com

1-800(NAWAY)564-0228

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*