SUNDAY

7:00PM 1.25 hour(s) Saint John 0,St,BK

Freedom Group

105 Mountainview Dr

7:00PM 1.5 hour(s) Fredericton 0,BT

Living in the Miracle

168 Chruch Street

Parking only on opposite side of road.

7:00PM 1 hour(s) Moncton D,JT

Unity Is the Key

105 Elmwood St

7:30PM 1.5 hour(s) Edmunston BL,D

Poppy's Group

26 37eme Ave

MONDAY

7:00PM 1.25 hour(s) Saint John 0,St

Clean and Serene

101 Coburg Street

Enter from back door on Hazen Street - Look for the NA sign

7:00PM 1.5 hour(s) Fredericton 0,RF,LC

Free Spirit Group

473 King Street

Carlton Street Door. Must wear a mask when travelling to the

meeting space.

TUESDAY

7:00PM 1 hour(s) Moncton D,JT

Unity Is the Key

51 Church Street

Use the intercom on the Church St., office door

WEDNESDAY

7:00PM 1.25 hour(s) Saint John 0, To

Clean and Serene

101 Coburg Street

Entrance from back dorr on Hazen Street, Look for NA sign

7:00PM 1.5 hour(s) Fredericton 0,JT

Free Spirit Group

473 King Street

Carlton Street Door.

7:30PM 1.5 hour(s) Edmunston BL,D

Poppy's Group

26 37eme Ave

THURSDAY

7:00PM 1 hour(s) Eel Ground BT

Eel Ground Meeting

36 Mic Mac Road

7:00PM 1 hour(s) Moncton D,JT

Unity Is the Key

51 Church Street

Use the intercom on the Church St., office door

FRIDAY

7:00PM 1.5 hour(s) Fredericton 0,IW

Living in the Miracle

168 Chruch Street

SATURDAY

7:00PM 1 hour(s) Fredericton BT

Living Free

65 Brunswick Street

7:00PM 1.25 hour(s) Rothesay 0,CL,RF,ENG,COVID

Nature of Recovery

4 Church Ave

Next to the post office (enter, turn left, downstairs - turn left - straight ahead)

Meeting Format Legend				
BK	Book Study	BL	Bi-Lingual	
BT	Basic Text	CL	Candlelight	
COVID	Covid Protocols	D	Discussion	
ENG	English speaking	IW	It Works -How and Why	
JT	Just for Today	LC	Living Clean	
0	Open	RF	Rotating Format	
St	Step	То	Topic	



Narcotics Anonymous

New Brunswick Area

www.nanbasc.com

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

PHONE NUMBERS					