

FREDERICTON

Sunday 7:00PM 1.5 hour(s) Fredericton 0,BT

Living in the Miracle 168 Church Street Parking only on opposite side of road.

Monday 7:00PM 1.5 hour(s) Fredericton 0,RF,LC

Free Spirit Group 473 King Street Carlton Street Door.

Tuesday 7:00PM 1.25 hour(s) Fredericton SPAD

Living Free 65 Brunswick Street

Wednesday 7:00PM 1.5 hour(s) Fredericton 0,JT

Free Spirit Group 473 King Street Carlton Street Door.

Friday 7:00PM 1.5 hour(s) Fredericton 0,IW

Living in the Miracle 168 Church Street

Saturday 7:00PM 1.25 hour(s) Fredericton SPAD

Living Free 65 Brunswick Street

MONCTON

Tuesday 7:00PM 1 hour(s) Moncton 0,D,To,ENG

Unity is The Key 85 Macbeth

Thursday 7:00PM 1 hour(s) Moncton D,JT,ENG

Unity Is the Key 85 Macbeth

ROTHESAY

Saturday 7:00PM 1.25 hour(s) Rothesay 0,CL,RF,ENG,COVID

Nature of Recovery 4 Church Ave Next to the post office (enter, turn left, downstairs - turn left -straight ahead)

SAINT JOHN

Monday 7:00PM 1.25 hour(s) Saint John 0,St

Clean and Serene 101 Coburg Street Enter from back door on Hazen Street - Look for the NA sign

Wednesday 7:00PM 1.25 hour(s) Saint John 0,To

Clean and Serene 101 Coburg Street Entrance from back dorr on Hazen Street, Look for NA sign

Friday 7:00PM 1.25 hour(s) Saint John 0,St,BK

Freedom Group 646 westmoreland road use the side entrance

Meeting Format Legend

BT	Basic Text	CL	Candlelight
D	Discussion	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	St	Step
To	Topic	BK	Book Study
ENG	English speaking	LC	Living Clean
COVID	Covid Protocols	SPAD	A Spiritual Principle a Day

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
 Ask your Higher Power to keep you clean
 Come early and stay late
 Get a home group
 Go to 90 meetings in 90 days
 Read NA literature daily
 Get and use a sponsor
 Use the PHONE

KEEP COMING BACK. IT WORKS

PHONE NUMBERS



Narcotics Anonymous
New Brunswick Area

www.nanbasc.com

1-800(NAWAY)564-0228

What is our message?

**The message is that an addict,
 any addict, can stop using drugs,
 lose the desire to use,
 and find a new way to live.
 Our message is hope
 and the promise of freedom.**

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