**NANB Area Minutes for July 10, 2021**

**Area Agenda**

1. Role call of GSR’s
2. Reading of 12 traditions & 12 Concepts
3. Reading of service paragraph from the Basic Text
4. New Groups to be seated?
5. Secretary report
6. Group Reports
7. RCM Report
8. Vice Chair report on H&I and PR Efforts
9. Break
10. Treasurer Report
11. Literature Report
12. Old Business
13. Open Forum (Group Concerns)
14. New Business
15. Announcements
16. Adjourn Meeting

**ASC Opened (11:07am)**

Role Call of GSRs – Unity Is The Key (not present)

Reading of the 12 Traditions, 12 Concepts, Service Paragraph (Basic Text), Service Prayer

**Attendance**

Penny A, ASC Secretary

Jess P, GSR Living In The Miracle (Fredericton) & ARCM

Tim M, ASC Treasurer

Jesse M, GSR Nature of Recover (Rothesay), Literature Rep

Andrea P, ASC Vice-Chair

Niki C, GSR Recovery Is Freedom (Moncton)

Ian, Interested Member, Recovery Is Freedom (Moncton)

Kevin B, AGSR Free Spirit (Fredericton)

Steve C, ASC Chair & GSR Free Spirit (Fredericton)

Dan M, Interested Member (Fredericton)

Aleks A, Interested Member (Fredericton) – left at break

Danielle M, AGSR Living In The Miracle (Fredericton) – left at 1:30pm

Carl K, GSR Clean And Serene (Saint John) & RCM

**Adoption of Minutes**

Correction: in Attendance – Carl K. did not leave at break.

Previous minutes adopted with correction. Motion: Steve/Tim. Agreed.

**Group Reports**

**Nature of Recovery**

Greetings Fellow addicts,

We recently gained a new member at our group, who was then

volunteered into taking on the position of GSR.

Our on-line Thursday evening meeting has had between 4 to 8 people and had an

income of $23.44.

Our in person meetings have had an average of seven people. With an average of

$31.00 per meeting in Seventh Tradition donations.

All our expenses are paid and we have a contribution to the Area of $326.45.

YILS

Jesse M

GSR

Nature of Recovery Group

**Clean and Serene Group**

Hello everyone.

We have been meeting regularly at the Chinese commerce centre on Coburg St – our

new home on Mondays and Wednesdays. Our numbers remain limited to an average

of 4 or 5 although we are seeing new faces. Various anniversaries – as announced in

our last report – have been celebrated and we look forward to more in the future.

Otherwise, not much to report. Now that Covid is on its way out – or so it seems –

hopefully we’ll start to see numbers return to pre-pandemic levels. We have an ASC

donation today of $40. All are welcome in SJ if you’re

in a traveling mood.

In service,

Carl K., GSR

**Living In The Miracle Group**

Hello Fellow addicts,

The Living in the Miracle group in Fredericton is doing well. We have an average

of 12 addicts per meeting. We still are meeting at 168 Church Street in the basement.

Every Friday and Sunday. We read from the It Works How and Why on Friday and the

Basic Text on Sunday.

Since our last Area our group has brought in $746.55. We had to replenish our

prudent reserve to $150.00 which used 47.49 off our 7th Tradition . Our rent was

paid, it was $150.00. We have a literature order of 181.45. This leaves us with an Area

donation of $517.60 today.

We have the following celebrations coming up. Tomorrow night Connie C. will

celebrate 22 years and Penny A. will have 2 years September 6th,2021. Actual day of

celebration to be announced.

In Loving Service,

Jess P.

GSR LITM Group

**Free Spirit Group**

Greetings fellow Addicts,

 The Free Spirit group has been doing well. We have had an average attendance of 10 addicts on Mondays and an average of 18 addicts on Wednesdays. We have a homegroup member who will be celebrating one year Clean on July 19th, Daniel M.

    Between the 7th tradition and Literature sales we have a total of $801.20 of which we are placing a literature order of $169.25 and holding $300 to put on a unity event in the near future Leaving an area donation of $331.95 today.  We did not have to put any aside for rent at this time as we had paid our rent in advance from the last area cycle.

 Yours in loving Service

 Steve C.  - Free Spirit Group GSR

Discussion:

1. Question re what planning for Unity Day for September. Unsure, still in planning. Once date and itinerary are prepared flyers will be emailed.

**Recovery Is Freedom**

Hello Fellow Addicts, The recovery is Freedom Group is doing well with 5 members and average 6-9

addicts in attendance. Our meeting meets every Thursday from 7:30-8:30 with the JFT format.

We had a business meeting electing a Treasurer and a temporary GSG and Alt GSR until our next

business meeting. Our income for the past 3 months are the 7th collection is $361.00 with a literature

order $ 139.16 and a donation to the Area of $55.00and rent $60.00 leaving a balance of $99.84 for our

prudent reserve.

In Loving Service

Niki C

**Unity Is Key**

Not Present – group is not presently meeting.

**RCM Report**

10 July 2021

RCM’s Report

NANB

Hello everyone,

I attended my first Regional meeting virtually on May 9th. After some readings, a

quorum was established and business proceeded. The Admin report identified a

number of issues that have little impact on individual groups. If you would like to

know more, I have the regional minutes and would be happy to share them with

you.

Other areas are struggling amidst Covid much in the ways that we are. Nova Scotia

(Central Nova Area) has been struggling to have groups participate in the ASC but

are hopeful that this will change. Central Nova has a website that they encourage all

to visit. Now that travel is opening up, opportunities for a visit might appeal to

some.

Newfoundland reports that much is going well for them. Lots of anniversaries have

been celebrated and the fellowship seems to be growing consistently. The question

was asked – a question that has relevance for all areas in one way or another –

regarding online handling of money. It’s an issue that will prove increasingly

significant with the expanding use of online platforms.

PEI Has been carrying on. One issue they would like input on is CANA election

procedures. The Ontario Manitoba Region moved that no member of CANA/ACNA

be allowed to serve more than 8 years within a 16 year period. PEI is recommending

that the motion be amended to 10 years in a 14 year period. This is something I urge

us to consider today.

The RD (Regional Delegate) provided extensive notes on his activities. If you are

interested in details, please just ask. Most of his report deals with various initiatives

undertaken at the world level. Please note that this year’s CCNA will be a one day

online event on September 11.

As a general observation, the RD recognizes that lack of participation is a problem in

virtually every facet of regional service. The Regional Assembly elicited his

comment “I was disappointed in the attendance but overall the people who did

attend did a great job on making the event an overall success.”

The RDA submitted a report on behalf of the PR committee which stated “there may

be no good reason to keep up the charade of having a PR committee, until or unless

there is marked improvement in participation from the Areas”. As we know only too

well, we lack numbers all up and down the line.

The web coordinator encouraged areas to submit any event information as soon as

it was available. He will be sure to include it on the CARNA website.

Under new business, two items were passed, the first directing all available funds be

split between NAWS and CANA as a one-time policy change, the second approving a

newly designed website. Additionally, the RSC directed the Chair and the web

coordinator to figure out how groups can collect the 7 th using hand-held devices at

in-person meetings and events. Their findings will be presented at the next RSC.

As for personal impressions from my first regional meeting in a long time, I was

impressed by the professionalism and by the orderliness of the meeting. The

sincerity of the participants was evident. Now we just need people in far greater

numbers than we currently enjoy.

In service,

Carl K., RCM

NANB

Discussion:

1. Read report to Region
   1. Correction – Noted all groups were meeting however Unity Is Key are not meeting
2. Read repot to ASC
   1. Discussion regarding motion by Ontario/Manitoba Region and PEI’s requested amendment to O/M motion. PEI did not provide an explanation for their amendment.

Unknown what current terms are.

Understand the intent of O/M’s motion is to try to limit domination of individuals for extended period

**ASC: Group unable to comment. Recommends Carl K seek more information.**

**H&I report – PR Efforts**

Greetings fellow addicts,

Our PR efforts have been slowed due to COVID restrictions, however we have put pamphlets out in five locations in Fredericton recently due to restrictions loosening and hope to begin putting out more in the near future providing able bodied teams are willing to distribute them. We are going to resume our PR literature order at this time provided the Area still supports this effort and we still have the budgeted funds to do so.

Yours in loving service

Steve C. PR guy Fredericton

Discussion:

1. Amendment to report – placed pamphlets in 5 places needle exchange, shelter, northside counselling, haven for hope, Apatawsuwikuwigwam
2. Tim M – Distributed flyer from Saint John – Tim suggests we put our Regional number so it is not limited to just Saint John area. Tim will double check to ensure the Regional and Area numbers are the same. Tim will follow up with Paul to see what the phone line says. He will also ask that the area website be included instead. Currently attending Detox monthly. Note: Carl as RCM to ensure our meeting list is up to date on the Regional Website.
3. Discussion regarding reviving PR Efforts at Group and Area levels. Consensus on moving forward – see action items.

**Break (11:58am)**

**Resumed (12:12pm)**

Carl K – the reps at Region absolutely want Region to work. They are very committed and doing a good job at what they are asked to do. However, Region is very dissociated from what is actually happening on the ground out there. Concerns about sufficient funding for CANA and World are important, however what benefit does Region bring to whatever Areas we have as part of Region and individual addicts. My questions were not answered about what is being done at this these levels. Somehow it feels we’ve lost our way and don’t know how to get back. The attraction to become part of NA seems to be lost.

Discussion:

* What is Region doing for us?
* What is their effectiveness as a body?

Question (Carl K.) – as I put together a report for Region should this discussion be reflected in the report. Consensus that yes these concerns are to be reflected in his next report to Region.

**Treasurer’s report**

|  |  |  |  |
| --- | --- | --- | --- |
| Opening Balance | $2,322.00 |  |  |
|  |  | *EXPENSES:* |  |
| *INCOME:* |  | Bank Fees(April-June) | $7.50 |
| **Donations:** |  | Meeting Space July2021(CHQ068) | $30.00 |
| Unity is the Key | $0.00 | Freedom Voice(May-July)(CHQ067) | $42.80 |
| Recovery is Freedom | $55.00 | Tim M ASC Travel(CHQ089) | $40.00 |
| Free Spirit Group | $331.95 | Carl K ASC Travel (paid cash) | $40.00 |
| Living in the Miracles | $517.60 |  |  |
| Nature of Recovery | $326.45 |  |  |
| Clean and Serene | $40.00 |  |  |
|  |  |  |  |
|  |  |  |  |
| ***TOTAL*** | **$1,271.00** |  |  |
|  |  |  |  |
| **Literature Sales:** |  |  |  |
| Unity is the Key | $0.00 |  |  |
| Recovery is Freedom | $139.16 | ***TOTAL*** | $160.30 |
| Free Spirit Group | $169.25 |  |  |
| Living in the Miracles | $181.45 | ***TOTAL AFTER EXPENSES*** | $3,959.56 |
| Nature of Recovery | $0.00 |  |  |
| Clean and Serene | $0.00 | RESERVES: |  |
| Red Bank | $0.00 | PR | $500.00 |
| Connie C | $37.00 | Prudent | $750.00 |
| ***TOTAL*** | **$526.86** | Literature | $1,000.00 |
|  |  | Moncton Unity Day | $500.00 |
| ***TOTAL INCOME*** | **$1,797.86** | ***TOTAL RESERVES*** | **$2,750.00** |
|  |  |  |  |
|  |  | ***AVAILABLE TO DISPENSE*** | $1,209.56 |
|  |  |  |  |
|  |  | ***DONATION TO REGION****(CHQ0)* | $1,209.56 |
|  |  |  |  |
|  |  |  |  |
| ***AVAILABLE MONEY*** | **$4,119.86** | ***CLOSING BALANCE*** | $2,750.00 |

Discussion:

1. Moncton Unity Day Reserve ($500) – Niki C. – only 3 committed members. Will go back to the group and see what they want to do.
2. Dispensing of Money to Region ($1,709.56) – Consensus: $1,209.56 will be sent to Region, $500 will be held as an additional reserve in looking forward to PR.

**Literature Report**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Description | Item # | July 2018 Price increase | Tax and Shipping 30% | Exchange 25% | Group Order Form Sale Price(10% Markup) | Qty | Inventory Value |
| Books |  |  |  |  |  |  |  |
| Guiding Principles | 1201 | $11.65 | $15.15 | $18.93125 | $20.82 | 2 | $37.86 |
| Living Clean | 1150 | $10.35 | $13.46 | $16.81875 | $18.50 | 4 | $67.28 |
| Basic Text 6th Ed. | 1101 | $12.15 | $15.80 | $19.74375 | $21.72 | 10 | $197.44 |
| IWHW(Hard Cover) | 1140 | $9.55 | $12.42 | $15.51875 | $17.07 | 7 | $108.63 |
| JFT | 1112 | $9.55 | $12.42 | $15.51875 | $17.07 | 12 | $186.23 |
| Step Working Guide | 1400 | $9.00 | $11.70 | $14.62500 | $16.09 | 2 | $29.25 |
| Sponsorship | 1130 | $9.75 | $12.68 | $15.84375 | $17.43 | 2 | $31.69 |
| Information Pamphlets |  |  |  |  |  |  |  |
| #1 Who,What,How, and Why | 3101 | $0.25 | $0.33 | $0.40625 | $0.45 | 40 | $16.25 |
| #2 The Group | 3102 | $0.33 | $0.43 | $0.53625 | $0.59 | 10 | $5.36 |
| #5 Another Look | 3105 | $0.25 | $0.33 | $0.40625 | $0.45 | 59 | $23.97 |
| #6 Recovery and Relapse | 3106 | $0.25 | $0.33 | $0.40625 | $0.45 | 60 | $24.38 |
| #7 Am I an Addict | 3107 | $0.25 | $0.33 | $0.40625 | $0.45 | 39 | $15.84 |
| #8 Just For Today | 3108 | $0.25 | $0.33 | $0.40625 | $0.45 | 59 | $23.97 |
| #9 Living the Program | 3109 | $0.25 | $0.33 | $0.40625 | $0.45 | 60 | $24.38 |
| #10 Fourth Step Guide | 3110 | $0.82 | $1.07 | $1.33250 | $1.47 | 5 | $6.66 |
| #11 Sponsorship | 3111 | $0.25 | $0.33 | $0.40625 | $0.45 | 59 | $23.97 |
| #12 The Triangle of Self-Obsession | 3112 | $0.25 | $0.33 | $0.40625 | $0.45 | 50 | $20.31 |
| #13 By Young For Young | 3113 | $0.25 | $0.33 | $0.40625 | $0.45 | 39 | $15.84 |
| #14 One Addict's Experience.... | 3114 | $0.25 | $0.33 | $0.40625 | $0.45 | 30 | $12.19 |
| #15 PI and the NA Member | 3115 | $0.25 | $0.33 | $0.40625 | $0.45 | 70 | $28.44 |
| #16 For the Newcomer | 3116 | $0.25 | $0.33 | $0.40625 | $0.45 | 60 | $24.38 |
| #17 For those in Treatment | 3117 | $0.33 | $0.43 | $0.53625 | $0.59 | 20 | $10.73 |
| #19 Self-Acceptance | 3119 | $0.25 | $0.33 | $0.40625 | $0.45 | 39 | $15.84 |
| #20 H&I and the NA Member | 3120 | $0.25 | $0.33 | $0.40625 | $0.45 | 60 | $24.38 |
| #21 The Loner | 3121 | $0.33 | $0.43 | $0.53625 | $0.59 | 60 | $32.18 |
| #22 Welcome to NA | 3122 | $0.25 | $0.33 | $0.40625 | $0.45 | 40 | $16.25 |
| #23 Staying Clean on the Outside | 3123 | $0.25 | $0.33 | $0.40625 | $0.45 | 50 | $20.31 |
| #24 Money Matters | 3124 | $0.56 | $0.73 | $0.91000 | $1.00 | 20 | $18.20 |
| #26 Accessibility For Those with Needs | 3126 | $0.25 | $0.33 | $0.40625 | $0.45 | 10 | $4.06 |
| #27 For the Parents..of Young People | 3127 | $0.31 | $0.40 | $0.50375 | $0.55 | 75 | $37.78 |
| #28 Funding NA Services | 3128 | $0.37 | $0.48 | $0.60125 | $0.66 | 20 | $12.03 |
| #29 An Intro to NA Meetings | 3129 | $0.25 | $0.33 | $0.40625 | $0.45 | 40 | $16.25 |
| #30 Mental Health in Recovery | 3130 | $0.33 | $0.43 | $0.53625 | $0.59 | 0 | $0.00 |
| Membership Survey | 2301 | $0.32 | $0.42 | $0.52000 | $0.57 | 41 | $21.32 |
| Information about NA | 2302 | $0.32 | $0.42 | $0.52000 | $0.57 | 40 | $20.80 |
| NA & Persons Receiving Medication-Assisted Treatment | 2306 | $0.32 | $0.42 | $0.52000 | $0.57 | 40 | $20.80 |
| Service Pamphlets |  |  |  |  |  |  |  |
| NA Groups and Medication | 2205 | $0.33 | $0.43 | $0.53625 | $0.59 | 5 | $2.68 |
| Disruptive and Violent Behavior | 2204 | $0.25 | $0.33 | $0.40625 | $0.45 | 6 | $2.44 |
| Group Business Meetings | 2202 | $0.25 | $0.33 | $0.40625 | $0.45 | 5 | $2.03 |
| Group Trusted Servants | 2203 | $0.25 | $0.33 | $0.40625 | $0.45 | 5 | $2.03 |
| Principles and Leadership in NA Service | 2206 | $0.33 | $0.43 | $0.53625 | $0.59 | 5 | $2.68 |
| Social Media | 2207 | $0.33 | $0.43 | $0.53625 | $0.59 | 15 | $8.04 |
| Booklets |  |  |  |  |  |  |  |
| An Introductory Guide to NA | 1200 | $2.15 | $2.80 | $3.49375 | $3.84 | 0 | $0.00 |
| Twelve Concepts of Na | 1164 | $2.20 | $2.86 | $3.57500 | $3.93 | 5 | $17.88 |
| NA White Booklet(LG Print, H&I avail) | 1500 | $0.80 | $1.04 | $1.30000 | $1.43 | 96 | $124.80 |
| In Times of Illness | 1603 | $3.40 | $4.42 | $5.52500 | $6.08 | 6 | $33.15 |
| The Group Booklet | 1600 | $1.00 | $1.30 | $1.62500 | $1.79 | 7 | $11.38 |
| Behind the Walls(H&I version avail) | 1601 | $1.00 | $1.30 | $1.62500 | $1.79 | 19 | $30.88 |
| PR Foldout | 2307 | $1.10 | $1.43 | $1.78750 | $1.97 | 7 | $12.51 |
| Key tags |  |  |  |  |  |  |  |
| White | 4100 | $0.55 | $0.72 | $0.89375 | $0.98 | 101 | $90.27 |
| Orange | 4101 | $0.55 | $0.72 | $0.89375 | $0.98 | 110 | $98.31 |
| Green | 4102 | $0.55 | $0.72 | $0.89375 | $0.98 | 55 | $49.16 |
| Red | 4103 | $0.55 | $0.72 | $0.89375 | $0.98 | 60 | $53.63 |
| Blue | 4104 | $0.55 | $0.72 | $0.89375 | $0.98 | 5 | $4.47 |
| Yellow | 4105 | $0.55 | $0.72 | $0.89375 | $0.98 | 20 | $17.88 |
| Moon glow | 4106 | $0.55 | $0.72 | $0.89375 | $0.98 | 11 | $9.83 |
| Grey | 4107 | $0.55 | $0.72 | $0.89375 | $0.98 | 26 | $23.24 |
| Black | 4108 | $0.55 | $0.72 | $0.89375 | $0.98 | 0 | $0.00 |
| Medallions |  |  |  |  |  |  |  |
| 18 MONTHS | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| ONE | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 0 | $0.00 |
| TWO | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| THREE | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| FOUR | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 2 | $11.05 |
| FIVE | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| SIX | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| SEVEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| EIGHT | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| NINE | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| TEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| TWELVE | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 3 | $16.58 |
| THIRTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| FOURTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 0 | $0.00 |
| FIFTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 2 | $11.05 |
| SIXTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| SEVENTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 0 | $0.00 |
| EIGHTEEN | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| INFINITY | 43 | $3.40 | $4.42 | $5.52500 | $6.08 | 1 | $5.53 |
| Other |  |  |  |  |  |  |  |
| Convention Guidelines | 2108 | $5.10 | $6.63 | $8.28750 | $9.12 | 1 | $9.12 |
| A Guide to Local Services | 2111 | $7.50 | $9.75 | $12.18750 | $13.41 | 1 | $12.19 |
| A Guide to World Service | 2104 | $4.55 | $5.92 | $7.39375 | $8.13 | 1 | $7.39 |
| Handbook for NA Newsletter | 2106 | $2.25 | $2.93 | $3.65625 | $4.02 | 1 | $3.66 |
| A Guide for Phone line Service | 2107 | $3.80 | $4.94 | $6.17500 | $6.79 | 1 | $6.18 |
| Treasurer's Handbook | 2109 | $2.25 | $2.93 | $3.65625 | $4.02 | 1 | $3.66 |
|  |  |  |  |  |  |  |  |
| Total CDN |  |  |  |  |  |  | $1,973.61 |
| Reserve |  |  |  |  |  |  | $1,000.00 |

**Old Business**

Next ASC in Moncton confirmed – October 16th at 11am, 51 Church Street, Moncton, NB

**Open Forum (Group Concerns)**

No items raised.

**New Business**

No new business.

**Meeting Adjourned (1:55pm)**

**Announcements**

Daniel M 1yr July 19th – Free Spirit Group

Connie C 22yrs July 11th – Living In The Miracle

Penny A 2yrs Sept 10th – Living In The Miracle

Groups requested to support Moncton meetings on Thursdays

**Upcoming ASC dates**

2120 – 10 – 16 @ 11am

51 Church Street

Moncton, NB

2120 – 01 – 08 @ 11am

St. Paul’s church

4 Church Ave.

Rothsay, NB

2120 – 04 – 09 @ 11am

250 Paul Street

Fredericton, NB

**Action Items**

1. Action: Carl K. – In next report to Region will make a specific and formal request that RD come to our next ASC to provide a half hour workshop/presentation on best practices for PR in NA October 16th
2. Action: Carl K. will request RD attend January 8th ASC in Moncton to present on Building Strong Home Groups for January ASC
3. Action: Carl K. will request RD attend April 9th ASC in Fredericton the roles on what Area and Region does
4. Action: Kevin B. – to anonymously reach out to PR consultants for prices to be brought back to next ASC.