**NANB Area Minutes for January 25, 2020**

**Area Agenda**

1. Role call of GSR’s
2. Reading of 12 traditions & 12 Concepts
3. Reading of service paragraph from the Basic Text
4. New Groups to be seated?
5. Secretary report
6. Group Reports
7. RCM Report
8. Vice Chair report on H&I Efforts
9. Break
10. Treasurer Report
11. Literature Report
12. Old Business
13. Open Forum (Group Concerns)
14. New Business
15. Announcements
16. Adjourn Meeting

**ASC Opened**

11:12am – Reading of the 12 Traditions, 12 Concepts, Service Prayer

**Attendance**

Steve C. ASC Chair/ GSR Free Spirit Group (Fredericton)

Jesse M. Literature Chair/ GSR R.I.F.group (Moncton)

Robin W. GSR L.I.T.M. group (Fredericton)

Carl K. GSR Clean & Serene group (Saint John)

Gail G. Acting GSR U.I.T.K. group (Moncton)

Jeremie P. Interested Member (Moncton)

Chris P. Interested Member (Saint John)

Jess P. Interested Member (Fredericton)

Niki C. Interested Member (Moncton)

Kate P. Interested Member (Saint John)

Cheryl H. Interested Member (Saint John)

**Adoption of Minutes**

Previous minutes Adopted

**11:25 Reports**

**Group Reports**

**GSR’s Report (revised)**

**Clean and Serene Group**

**Saint John**

Hello everyone. All is generally well with Clean and Serene

We had our regular business meeting in December. Literature is in good order, the rent is paid and the meetings happen no matter the weather.

Attendance at meetings remains steady averaging around 12. We see newcomers and continue to hope that more of them keep coming back. We’ve seen three anniversaries celebrated and have two more coming up, Bill C (30 years) on Jan 28 and Chris P (3 years) on March 1. Congratulations!

Since the last report, 7th tradition donations and literature sales have been steady. Today we have a literature payment of 36.45 and an area donation of $200. Special thanks to Jesse M for the excellent job he does of getting literature to us!

In service,

Carl K., GSR

**Unity is the Key**

hello family I was asked to got to Area our beginning balance was 500.75 Nov 4th the ending balance on 525.75 after paying our rent than we payed our lit and donated money to area our meetings are doing a little better we are reading from HW on Mon we have two Anniversary

Debbie C Jan 27 / 27 yrs and Ian M Feb 19 / 6 yrs

   thank you Gale G unity is the key

**Recovery is Freedom**

Greetings fellow Addicts,  
We continue to meet Friday and Saturday at 7:00pm.  
Our format is JFT discussion and Basic Text Study. And on the last Friday of the month  
we play a speaker mp3.  
Attendance has averaged six addicts.  
As of 1st of Nov we have a balance of $203.50. We brought in $237.70 in the 7th. We  
sold $20.00 in literature. Our rent is paid up until the end of February. We pay $30.00  
per month. We also paid Moncton Community Chaplaincy $40.00 for use of their space  
for our meetings on 27 & 28 Dec 19. We also pay a bank fee of $2.50 per month. Our  
prudent reserve is $200.00. We have a donation to the area today of $70.26 and a  
literature order of $49.94. Which leaves us our prudent reserve of $200.00.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Old Balance | 7th | Lit Income | Total Income | Total Expenses | New Balance |
| $203.50 | $237.70 | $20 | $461.20 | $257.70 | $203.50 |

YILS  
Jesse M  
Recovery is Freedom Group  
RIF Group report to NANB

**Free Spirit Group report.**

Greetings fellow addicts, our meetings have been having an average attendance of 14 addicts. Between the 7th tradition and literature sales for both meetings we have brought in $358.70 from this we have paid three months’ rent for $60 and have placed a literature order of $121.11 our members also decided to set aside $40 to enable our GSR to attend the Regional Assembly on Feb 8th which leaves $137.59 which half ($68.80) is being donated to the area and the other half ($68.79) is being held to build the groups prudent reserve.

Yours in loving service.

Steve C. – GSR free spirit group of NA.

**L.I.T.M.**

Hello Fellow Addicts,

The Living in the Miracle group has been doing well. We have had an average attendance of 16 addicts per meeting and an income of $606.45. We have expenses of $100, our rent will be paid and we put aside $40 to pay for gas to the ASC. We have a literature order of $202.90 which leaves $263.65 for a donation.

We have one upcoming celebration; Robin W. will celebrate 17 years on Feb.21, 2020.

Yours in Loving Service,

Robin W. / GSR

LITM

**NOR GSR Report** (Read by Steve C.)

Hello All,

Our attendance has been steady at around. We have no donation and will pay for our $12.16 lit order. We have not been able to have a group business meeting since the last ASC but we have enough money to cover our expenses based on the accounting in the book

Thanks!

Tim

**RCM Report**

Hello Family,

I attended the RSC on behalf of the Area. The following were the main topics of discussion:

1. PR was included in the main meeting. There were a number of positions filled but Webservant is still available. There is outreach happening in all provinces. There have been many requests filtered through the website.
2. We discussed the potential of email money transfer donations to RSC from Areas.
3. There were deficiencies in the accounts for RD External fund so we topped up that fund before moving the balance along to NAWS/CANA.
4. New planning cycle was accepted
5. bThere was ongoing discussion on meeting addition policies but there was never any actual progress made since last RSC.
6. Chairperson was filled but VC and RDA are still open.

YILS

Tim M

RCM

**H&I report**

Greetings Fellow Addicts,

I received reports from Gale and Tim via email on our H&I in Moncton and Saint John

From Tim M.

All of our H and I commitments happened as scheduled. I currently have people committed as far out as May to complete the presentations.

There were a couple of requests through the website mostly revolving around where to find meeting in Moncton.

From Gail G.

     We did detox tonight had two speakers and two observers there was 4 clients one left they talked at the end.

        thank you

    Gale G

Fredericton has not done any PI over the last area cycle due to holiday schedules of members and expects to get back on track this coming area cycle.

Lonewater Farm.

I am pleased to report that the meetings at Lonewater are going well. We have had an average attendance at the meetings of 12 addicts of those usually half are clients at the farm with some people coming up from Fredericton and some coming from Saint John.

Together between the 7th tradition and literature sales there has been $242.45 collected of that I was going to make a recommendation for 3 Basic texts and two JFT daily meditation books be purchased for the group. This would come to $99.80

The remainder would be divided between a donation to area and rent for the meeting space.

The facility refuses to take a rent payment in the form of cash or cheque. This would leave us with a choice of either purchasing and donating literature to the facility or making an anonymous donation to river valley health somehow. This would ensure the groups self-support. That being said the facility is closing in 9 months. Seeking the areas input on what they think we should do here.

(discussion took place around the Lonewater meeting and it was decided to order two Basic Texts and Two Just For Today daily meditations to donate to the facility with the stipulation that they go to Ridgewood when Lonewater closes. This made for a literature order totaling $177.38 which left an area donation of $65.07)

**Break**

**Treasurers report**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Opening Balance | $2,250.00 |  |  |  |  |
|  |  |  | *EXPENSES:* |  |  |
| *INCOME:* |  |  | Bank Fees(Oct-Dec) | $7.50 |  |
| **Donations:** |  |  | Meeting Space Jan- 2020(CHQ015) | $30.00 |  |
| Unity is the Key | $150.00 |  | Freedom Voice(Nov-Jan)(CHQ013) | $45.77 | Paid Tim's CC |
| Recovery is Freedom | $70.26 |  | NAWS Lit Order(CSO001452/1439)CHQ011 | $1,086.97 |  |
| Free Spirit Group | $68.80 |  | Website(CHQ012) | $200.00 |  |
| Living in the Miracles | $263.55 |  | NAWS Lit Order CS1567(CHQ014) | $18.63 |  |
| Nature of Recovery | $0.00 |  | ASC travel (Steve) | $38.00 |  |
| Clean and Serene | $200.00 |  | Fellowship development travel (nikki) | $38.62 |  |
| Farm | $65.07 |  |  |  |  |
|  |  |  |  |  |  |
| ***TOTAL*** | **$817.68** |  |  |  |  |
|  |  |  |  |  |  |
| **Literature Sales:** |  |  |  |  |  |
| Unity is the Key | $265.30 |  |  |  |  |
| Recovery is Freedom | $49.94 |  | ***TOTAL*** | $1,465.49 |  |
| Free Spirit Group | $121.11 |  |  |  |  |
| Living in the Miracles | $202.90 |  | ***TOTAL AFTER EXPENSES*** | $2,467.43 |  |
| Nature of Recovery | $12.16 |  |  |  |  |
| Clean and Serene | $36.45 |  | RESERVES: |  |  |
| Unity Day |  |  |  |  |  |
| Farm | $177.38 |  | Prudent | $750.00 |  |
| ***TOTAL*** | **$865.24** |  | Literature | $1,000.00 |  |
|  |  |  | Moncton Unity Day | $500.00 |  |
| ***TOTAL INCOME*** | **$1,682.92** |  | ***TOTAL RESERVES*** | **$2,250.00** |  |
|  |  |  |  |  |  |
|  |  |  | ***AVAILABLE TO DISPENSE*** | $217.43 |  |
|  |  |  |  |  |  |
|  |  |  | ***DONATION TO REGION****(CHQ)* |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| ***AVAILABLE MONEY*** | **$3,932.92** |  | ***CLOSING BALANCE*** | $2,467.43 |  |

**Literature Report**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Description  Books** | **Item #** | **July 2018 Price increase** | **Shipping 30% Tax and** | **Exchange 25%** | **Group Order Form Sale Price(10% Markup)** | **Qty** | **Inventory Value** |
| Guiding Principles | 1201 | $11.65 | $15.15 | $18.93 | $20.82 | 6 | $113.59 |
| Living Clean  Basic Text 6th Ed.  IWHW(Hard Cover)  JFT  Step Working Guide  Sponsorship  **Information Pamphlets** #1 Who,What,How, and Why  #2 The Group  #5 Another Look  #6 Recovery and Relapse  #7 Am I an Addict  #8 Just For Today  #9 Living the Program  #10 Fourth Step Guide  #11 Sponsorship  #12 The Triangle of Self-Obsession  #13 By Young For Young  #14 One Addict's Experience....  #15 PI and the NA Member  #16 For the Newcomer  #17 For those in Treatment  #19 Self-Acceptance  #20 H&I and the NA Member  #21 The Loner  #22 Welcome to NA  #23 Staying Clean on the Outside  #24 Money Matters  #26 Accessibility For Those with Needs  #27 For the Parents..of Young People  #28 Funding NA Services  #29 An Intro to NA Meetings  Membership Survey  Information about NA  NA & Persons Receiving Medication-Assisted Treatment  **Service Pamphlets** NA Groups and Medication  Disruptive and Violent Behavior  Group Business Meetings  Group Trusted Servants  Principles and Leadership in NA Service  Social Media | 1150  1101  1140  1112  1400  1130  3101  3102  3105  3106  3107  3108  3109  3110  3111  3112  3113  3114  3115  3116  3117  3119  3120  3121  3122  3123  3124  3126  3127  3128  3129  2301  2302  2306  2205  2204  2202  2203  2206  2207 | $10.35  $12.15  $9.55  $9.55  $9.00  $9.75  $0.25  $0.33  $0.25  $0.25  $0.25  $0.25  $0.25  $0.82  $0.25  $0.25  $0.25  $0.25  $0.25  $0.25  $0.33  $0.25  $0.25  $0.33  $0.25  $0.25  $0.56  $0.25  $0.31  $0.37  $0.25  $0.32  $0.32  $0.32  $0.33  $0.25  $0.25  $0.25  $0.33  $0.33 | $13.46  $15.80  $12.42  $12.42  $11.70  $12.68  $0.33  $0.43  $0.33  $0.33  $0.33  $0.33  $0.33  $1.07  $0.33  $0.33  $0.33  $0.33  $0.33  $0.33  $0.43  $0.33  $0.33  $0.43  $0.33  $0.33  $0.73  $0.33  $0.40  $0.48  $0.33  $0.42  $0.42  $0.42  $0.43  $0.33  $0.33  $0.33  $0.43  $0.43 | $16.82  $19.74  $15.52  $15.52  $14.63  $15.84  $0.41  $0.54  $0.41  $0.41  $0.41  $0.41  $0.41  $1.33  $0.41  $0.41  $0.41  $0.41  $0.41  $0.41  $0.54  $0.41  $0.41  $0.54  $0.41  $0.41  $0.91  $0.41  $0.50  $0.60  $0.41  $0.52  $0.52  $0.52  $0.54  $0.41  $0.41  $0.41  $0.54  $0.54 | $18.50  $21.72  $17.07  $17.07  $16.09  $17.43  $0.45  $0.59  $0.45  $0.45  $0.45  $0.45  $0.45  $1.47  $0.45  $0.45  $0.45  $0.45  $0.45  $0.45  $0.59  $0.45  $0.45  $0.59  $0.45  $0.45  $1.00  $0.45  $0.55  $0.66  $0.45  $0.57  $0.57  $0.57  $0.59  $0.45  $0.45  $0.45  $0.59  $0.59 | 6  14  5  14  5  2  60  10  60  50  26  56  50  1  12  40  68  15  72  58  20  33  25  20  66  62  6  5  70  20  39  41  40  39  0  6  5  5  5  15 | $100.91 $276.41 $77.59 $217.26 $73.13 $31.69 $24.38 $5.36 $24.38 $20.31 $10.56 $22.75 $20.31 $1.33 $4.88 $16.25 $27.63 $6.09 $29.25 $23.56 $10.73 $13.41 $10.16 $10.73 $26.81 $25.19 $5.46 $2.03 $35.26 $12.03 $15.84 $21.32 $20.80 $20.28 $0.00 $2.44 $2.03 $2.03 $2.68 $8.04 |

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| **Booklets** An Introductory Guide to NA  Twelve Concepts of Na  Na White Booklet(LG Print, H&I avail)  In Times of Illness  The Group Booklet  Behind the Walls(H&I version avail)  PR Foldout  **Key tags** White  Orange  Green  Red  Blue  Yellow  Moon glow  Grey  Black  **Medallions** 18 MONTHS  ONE  TWO  THREE  FOUR  FIVE  SIX  SEVEN  EIGHT  NINE  TEN  TWELVE  THIRTEEN  FOURTEEN  FIFTEEN  SIXTEEN  SEVENTEEN  EIGHTEEN  INFINITY  **Other** Convention Guidelines  A Guide to Local Services  A Guide to World Service  Handbook for NA Newsletter  A Guide for Phone line Service  Treasurer's Handbook  **Total CDN  Reserve** | 1200  1164  1500  1603  1600  1601  2307  4100  4101  4102  4103  4104  4105  4106  4107  4108  43  43  43  43  43  43  43  43  43  43  43  43  43  43  43  43  43  43  43  2108  2111  2104  2106  2107  2109 | $2.15  $2.20  $0.80  $3.40  $1.00  $1.00  $1.10  $0.55  $0.55  $0.55  $0.55  $0.55  $0.55  $0.55  $0.55  $0.55  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $3.40  $5.10  $7.50  $4.55  $2.25  $3.80  $2.25 | $2.80  $2.86  $1.04  $4.42  $1.30  $1.30  $1.43  $0.72  $0.72  $0.72  $0.72  $0.72  $0.72  $0.72  $0.72  $0.72  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $4.42  $6.63  $9.75  $5.92  $2.93  $4.94  $2.93 | $3.49  $3.58  $1.30  $5.53  $1.63  $1.63  $1.79  $0.89  $0.89  $0.89  $0.89  $0.89  $0.89  $0.89  $0.89  $0.89  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $5.53  $8.29  $12.19  $7.39  $3.66  $6.18  $3.66 | $3.84  $3.93  $1.43  $6.08  $1.79  $1.79  $1.97  $0.98  $0.98  $0.98  $0.98  $0.98  $0.98  $0.98  $0.98  $0.98  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $6.08  $9.12  $13.41  $8.13  $4.02  $6.79  $4.02 | 0  5  86  6  7  20  7  116  114  70  80  20  20  15  15  15  3  3  1  2  3  2  3  3  3  3  3  1  0  1  3  1  0  2  1  1  0  1  1  1  1 | $0.00 $17.88 $111.80 $33.15 $11.38 $32.50 $12.51 $103.68 $101.89 $62.56 $71.50 $17.88 $17.88 $13.41 $13.41 $13.41 $16.58 $16.58 $5.53 $11.05 $16.58 $11.05 $16.58 $16.58 $16.58 $16.58 $16.58 $5.53 $0.00 $5.53 $16.58 $5.53 $0.00 $11.05 $5.53 $9.12 $0.00 $7.39 $3.66 $6.18 $3.66 $2,136.05 $1,000.00 |

**12:40 Old Business**

Kate P Volunteered for Vice Chair position

Kate qualified for the position

***Consensus Agreed*** Kate P. Is now Area Vice Chair

Niki C. Volunteered for RCM Position

Niki Qualified for the position

***Consensus Agreed*** Niki C. is now Area RCM

Cheryl H. Volunteered for RCM Alt, Position

Cheryl Qualified for the position

***Consensus Agreed*** Cheryl H. is now Area RCM Alt.

**12:55 New Business/Group Concerns**

* Website – Jesse M. pointed out that there were dates on the website that were incorrect specifically the dates for future Area Meetings. As well as the Area Minutes have not been updated on the site since January of 2019 Discussion was had around this and it was pointed out that the area should be transparent to the members it serves and that it is important that minutes and meeting dates be updated and accurate. The ASC body asked that Steve C. talk to Tim M. about the website and suggested that perhaps Steve could help out with the website.
* Next ASC date is to be April 25th in Fredericton. Tim M. is unsure at this time if he would be able to attend on that date due to work commitments requested the area consider April 11th as an alternative. The ASC body Discussed and that being Easter weekend the body came to the consensus that the date of the next ASC would be kept on April 25th.

**Meeting Adjourned 1:25**

**Anniversaries**

Ken T. – 2 years Jan 27th (Fredericton)

Debbie C. - 27 years Jan 27th (Moncton)

Bill C. - 30 years Jan 28th (Saint John)

Ian M. – 6 years Feb 19th (Moncton)

Robin W. – 17 years Feb 21st (Fredericton)

Steve C. – 14 years Feb 24th (Fredericton)

Chris P. – 3 years Mar 1st (Saint John)

**Upcoming ASC dates**

2020 – 04 – 25 – 11am

St. Mary’s Veterans Memorial Clinic

440 Highland Ave

Fredericton, NB

(Pot luck Lunch provided by Fredericton and Workshop to follow)

2020 – 07 – 25 – 11am

St. Paul’s church

4 Church Ave.

Rothsay, NB

2020 – 10 – 24 – 11am

NBCC Moncton

1234 Mountain Rd.

Moncton, NB

**Action Items**

1. Steve C. to look into banking again and see about adding Carl K. and Kate P. on the account as signing officers (ongoing)
2. Steve C. To contact Tim M. about maintaining the website and keeping it up to date and accurate. (ongoing)
3. Tim M. to generate a workshop for the April 25th area in Fredericton (ongoing)
4. Steve C. To organize the lunch for April 25th area (ongoing)