**NANB Area Minutes for April 13, 2024**

**Area Agenda**

1. Role call of GSR’s
2. Reading of service paragraph from the Basic Text
3. Reading of 12 Concepts and 12 Traditions
4. Adoption of Minutes
5. Group Reports
6. RCM Report
7. Vice Chair report on H&I and PR Efforts
8. Treasurer Report
9. Literature Report
10. Old Business
11. Open Forum (Group Concerns)
12. New Business
13. Announcements
14. Adjourn Meeting

**ASC Opened (11:03am)**

Role Call of GSRs

Reading of the Service Paragraph, 12 Concepts, 12 Traditions

**Attendance**

Andrea P, Chair

Penny A, Secretary

Jesse M, GSR Nature of Recover (Rothesay), Literature Rep

Cody P, Vice-chair, GSR Free Living (Fredericton)

Liz H, GSR, LITM (Fredericton); RCM

Daniel M, GSR Free Spirit (Fredericton)

Jeff O, Alt GSR, Freedom Group (Saint John)

Ashley M, Alt GSR, Living Free Group (Fredericton)

Matt C, Alt GSR, Clean & Serene (Saint John)

Carl K, GSR, Clean & Serene (Saint John)

Gale G, GSR, Unity Is Key (Moncton)

Richelle R, Interested Member, Clean and Serene (Saint John)

Sam K, Interested Member, Clean and Serene (Saint John)

Alex A, Interested Member, Unity Is Key (Moncton)

Marcos, Interested Member, Unity Is Key (Moncton)

**Adoption of Minutes**

Typo error involving numbers under Freedom Group.

ACTION: Jeff O will resubmit to Penny so she can correct minutes.

Adopted.

**Admin Report**

1. Bus advertising for all three cities. We sent out a request for proposal and proposals received were very high in cost (@ $13,000). Suggest we negotiate with them to see if we could get costs lowered.
2. Poster Drive – doesn’t seem to be any movement in Fredericton. To be addressed during regular meeting.
3. Treasurers Position – Incumbent has clearly identified he will not continue past his term. Jess P. in Fredericton had volunteered to learn from him however we are unsure of the status of this transition. Andrea will try to do the Treasury for today.

**Group Reports**

**Clean and Serene Group**

Hello everyone,

Matt and I are pleased to be here today as the GSR - Alt GSR team for our group. We have a number of members who are stepping up regularly to serve as secretary and/or chairperson at meetings and our members regularly participate in H&I efforts as well. It seems things are going well overall at Clean and Serene.

Attendance is pretty stable averaging around 12 addicts per meeting while we’ve seen more than that a couple of times. We are seeing new faces but, happily, a good number of the familiar faces have kept coming back. That is the major factor in more and more members sharing responsibility for simple service activities.

Our most recent business meeting was not as chock full of things as usual but we did discuss the possibility of hosting a summertime activity at the Irving Nature Park, a relaunch of the COVID-interrupted “Potluck of Hope”. Details have to be finalized but we are optimistic that we’ll he hosting something over the summer.

Clean and Serene has no immediate concerns but we look forward to seeing addicts from other communities coming to visit when they have the chance. It was a highlight of the month when some members from Fredericton chose to drop by. Very much appreciated!

We have a literature order this month of $252.65 and an Area donation of $225.

In loving service,

Carl K., GSR

**Unity Is Key**

Hello Family,

We are doing really good. We are averaging 25 addicts.

Our 7th Tradition account balance is $2,246.38, our reserve is $200, Fun Day $500, Rent for Thursday is $200, rent for Sunday is $100, Literature order $408.97, Literature $131.09, Donation $200, Donation $516.32. Total expenses $1,740.06. Leaves us with a $0 balance in account.

We had our Fun and Recovery meeting. We put flyers out at 51 Church Street, St. George’s Anglican Church.

We have anniversaries: Jennifer R, 2 Years on April 18, Luc W, 2 years May 2, Lewis 1 year on May 21st.

Thank you.

Gale G.

**Living In The Miracle Group**

Hello everyone,

Our meetings are going well, still meeting at 168 Church St every Friday and Sunday at 7pm. We are an open meeting with on-street parking and complimentary coffee. A strong message of recovery is being shared at our meetings.

Since the last ASC our homegroup attendance and 7th tradition input has improved lately, from a lower average of 8-10 addicts to 14 addicts per meeting. We’ve had around double these numbers during some of our anniversary celebrations recently, as well as some new homegroup members at our last business meeting. We are grateful for the support!

Our income since last ASC is $582.40, our expenses were $64.25, rent was $160, our literature order is $167.16, and we have a donation today of $190.99 to the ASC.

In loving service,

Liz H

GSR

**Free Spirit Group**

Greetings fellow addicts,

The Free Spirit Group is doing well, we continue to meet twice weekly with an average attendance of around 17 recovering addicts compared to 16 from the last business cycle.

A business meeting was held both on April 3, 2024, with several group members in attendance. A concern was mentioned by a member that often the group can be boisterous and loud and that we should be more mindful of the pace we rent and share with the Church. We need this meeting space; they don’t need us, and as important is to make the newcomers feel welcomed and safe.

The group’s format remains unchanged with:

Monday’s reading is from Living Clean and the 1st Monday of each month we read the IP

Wednesday’s reading is from the JFT and the 1st Wednesday of each month we read from the SPAD.

The following are group member celebrations in the next business cycle of February through April 2024:

Dan T – May 22 @ 10 years

During this cycle, the group has placed a literature order in the amount of $132.34.

Our group has brought in a total of $463.11 between 7th contributions and literature sales.

Our prudent reserve remains unchanged at $200.00.

This leaves a net donation of $330.77.

Yours in loving service

Daniel M

**Nature of Recovery –** no report available

**Freedom Group**

Addict named Jeff , Good morning NA family from freedom group . Our Group continues to carry the message each and every Sunday night. Our average attendance is 12 people, and the 7th has brought in $263.09, we paid $60 for rent that pays it until the end of April, we have a $100 dollar donation, $58.50 for literature order, leaving us with a $44.59 prudent reserve.

We are currently looking into finding a new location. The location we are currently using (the sober living house) doesn’t have the privacy that NA deserves. It is being held in a common area with no doors to shut off the rest of the house. The residents of the home come and go or hang out in the lobby as the meeting is in progress, It’s been known to cause disruptions. The group also needs a space that can be more comfortable and open to anyone. We have talked to the church up the street where a sister meeting is held, we are waiting for a response and a time to meet with the church to discuss further details. As the group learns more we will keep you updated. Thank you all for your time and service.

With love from Freedom Group!

Jeff O

Question: Has group thought about meeting upstairs in the boardroom as they have done in the past? GSR noted the group would still like to have a new location as there seems to be a lack of respect during NA meeting time.

**Living Free**

Hello fellow addicts

Living free group is doing well and growing. We have an average of 15-18 addicts and we continue to meet every Saturday in the boardroom at the VHC. We continue to read from the basic text.

We have updated our group guidelines which I will send out to Penny.

Rent for this cycle has been donated to detox, 1 Basic text, 1 JFT and one of each pamphlet. Our literature order is 257.25 and we will be making a donation to area of 21.65.

In loving service,

Cody P, GSR

GSR was asked to expand upon the guidelines. It was explained they were developed following the booklet. please expand upon them. Some discussion on them.

ACTION: Cody will forward Group Guidelines to Penny to include in the minutes.

**RCM Report**

Hello everyone!

Thank you for giving me the opportunity to continue serving as your RCM. The last RSC

meeting was held via zoom on February 11th and was well attended, 9 recovering addicts

participating.

Here’s what’s going on in the rest of Atlantic Canada!

Nova Scotia- The Central Nova area reports that most of their groups appear to be doing well;

one notable exception was the closure of The New Beginning Group from Stellarton due to low

attendance. A new group also opened up at Amherst called the Amherst Hope Group. H&I

efforts are going well. May 17-19: 44 Years of Living the Dream Convention in Truro. More

information on the CARNA.ca website.

Newfoundland- Lewisporte now has a meeting on Mondays, there are now 10 communities in

the province with meetings, with a total of 20 in-person meetings each week in addition to online

meetings. They are planning a 2024 convention, with dates TBA. There was a recent

breakthrough in their H&I subcommittee finally getting a presentation held at the Clarenville

women’s correctional center after years of effort. PR efforts are going strong. Recently had a

poster drive. Home groups in and around the St John’s area have been passing out NA

business cards. PR managed Facebook posts have been met with lots of engagement and

phone line calls and FB messenger messages are on the rise.

Northern New Brunswick- They had some connection issues during the meeting but provided a

text that said “Our next ASC is on the 18 Février” with no other information provided.

PEI- Are currently lacking an RCM or an ALT RCM, a member dipped in to share that their Unity

Days will be held April 20-21, 2024 and their Area Convention will be held October 4-6, 2024.

**ADMIN REPORTS**

RDA REPORT- Our Regional Delegate has been working on a draft for the updated Regional

Guidelines, which was subject to review and consensus-based decision making along the

revision process. In addition to this, they attended their first full CANA-ACNA meeting on Dec 2,

2023. Pointed out that Region needs to do some work so they can be properly accessed from

the new meeting search page www.na.org/phoneweb that NAWS is launching in the near future.

Reminder that there is a “need for groups, areas and regions to ensure the accuracy of

geo-location data for the purposes of meeting information.”

Regarding New Brunswick, rather than paraphrasing, am copy-pasting this section of the RDA

report:

“As a bit of a side note, CANA-ACNA has initiated an agreement with Outfront Media for the

placement of digital billboards that are quite impressive. According to the information I have,

Halifax and St. John’s have them up and running… I asked about the possibility of such things

in New Brunswick, but it seems Outfront lacks a presence in our province. I’m wondering if the

region would like me to pursue this further. Also, as a general appeal, I would encourage RCMs

and members of the RSC and any interested members to visit the CANA-ACNA website

(canaacna.org).”

Our RDA reports that they’ve been involved in the latest round of online planning for

zonal forums looking at issues that were identified at the last World Service Conference (WSC).

This is part of a years-long process involving the fellowship’s efforts to identify major issues and

develop approaches that reflect the fellowship’s conscience from around the world. If anyone is

of particular interest you can reach out to our RDA, Carl K.

Currently NAWS has 3 Issue Discussion Topics for input. If you would like any of these

workshopped or would like our assistance in workshopping these for your areas, please let us

know. Discussion Topic Input Forms include:

“Gender-Neutral and Inclusive Language in NA Literature”

“Dealing with Disruptive and Predatory Behavior”

“DRT/MAT as It Relates to NA: Helping Members Take Root”

The Canadian Assembly of NA (CANA/ACNA) has also provided workshops to RDAs, which

they hope will be provided at more local Regional Assemblies and made available to local

RCMs, who’d then bring those workshops to GSRs, who could then provide those workshops to

their homegroups.

**World Convention of NA**— the world convention website has been launched and over 38,000

recovering addicts are expected to attend. It will be held August 29-Sept 1 in Washington, DC.

Which is the closest to our province than it may be for a very, very long time. Registration is

currently open and you can sign up and learn more on NA.org >Events >World Convention.

**Ontario Regional Convention** - ORCNA will be held May 17-19. Registration is now open on

the orcna.ca website.

**Canadian Convention of NA**- CCNA will be held October 4-6 in Edmonton, Alberta, and

registration is now open at the canadianconvention.com website

And, locally, our Region is still seeking location/accommodations for our own Atlantic Regional

Assembly this year, to be held on Aug 10-11 in Sackville, NB.

PR REPORT- No PR chair, but our stand-in Jesse has continue to monitor the inbox and

responds to requests as appropriate. They have shared that If any Area requires any assistance

with their PR efforts, they are willing to help in whatever way they can.

TREASURER- The Treasurer was not present during our last RSC, and we were in the midst of

an audit. Our funds are currently bloated, and the members who attended were unsure what to

do with the high number we have at Region. They left a report and donation recommendations

in their absence. FThe discussion was tabled until the next RSC where the Treasurer is present.

ASSEMBLY PLANNING: Difficult to make planning right now due to the Treasurer not being

present. Lot of financial and logistical planning is required in this area. Our hands are pretty tied.

August 10-11th in Sackville NB.

WEBSITE COORDINATOR: Provided a demonstration of how the new Geo-tagging system

works that NA World will be implementing soon as a new meeting-finding feature on their

website, and pointed out the issues that large geographical areas like Newfoundland pose with

this new model, and are seeking ways to troubleshoot so we can make it work appropriately for

the Atlantic Region.

Areas with upcoming event information should forward it for inclusion on the regional website

as early as possible. \*\*Question to clarify: Which person at NANB does this?

No proposals

Elections: No positions taken

The next RSC will be held on May 5th 9:30 am on Zoom.

ID: https://zoom.us/j/93798800030

Password: NAservice

In loving service,

Liz H

RCM

**Vice-Chair Report on PR and H&I Efforts**

FREDERICTON

In Fredericton we had two presentations at Detox. We reached four male clients. There is increasing interest from members in becoming part of the Detox panel group. We will be holding an Orientation sessions sometime before the next ASC.

Yours in loving service ,

Penny

SAINT JOHN

SJ Detox is now meeting twice monthly. Once on the first Monday of the month at detox and I believe the third Tuesday of the month at the long term facility.

Paul, Jesse and I finally visited Dorchester Penitentiary and took some literature. Paul and I are visiting again tomorrow (April 11th) and are taking more literature. Carl K and Brendan B have volunteered to get cleared for Dorchester. If there are any other men willing we could use help.

Several emails as always have been responded to.

Tim

MONCTON

We went in twice this week (April 8-12) not very many clients. The first Monday this week two came in. One of our members who was observing gave one of the clients their number. I mentioned to him did you read the dos and don’ts. The detox announced that AA was here so I went and told them it was NA.

Thank you

Gale G

**Treasurer’s Report**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Opening Balance | $2,200.00 |  |  |  |
|  |  |  | EXPENSES: |  |
| INCOME: |  |  | Bank Fees(Feb/Mar) | $5.00 |
| Donations: |  |  | Freedom Voice(Feb-April)(CHQ190) | $44.10 |
| Unity is the Key | $716.32 |  | Reg Mail(CHQ191) | $11.38 |
| Living Free | $29.65 |  | April Rent(CHQ) | $25.00 |
| Free Spirit Group | $329.70 |  | Tim Dorchester Travel(CHQ190) | $150.00 |
| Living in the Miracles | $191.00 |  | Lit Postage | $21.04 |
| Nature of Recovery | $0.00 |  | Penny Travel | $66.00 |
| Clean and Serene | $225.00 |  | Jesse Travel | $50.48 |
| Freedom Group | $100.00 |  |  |  |
|  |  |  |  |  |
| TOTAL | $1,591.67 |  |  |  |
|  |  |  |  |  |
| Literature Sales: |  |  |  |  |
| Unity is the Key | $540.06 |  |  |  |
| Living Free | 257.25 |  | TOTAL | $373.00 |
| Free Spirit Group | $132.35 |  |  |  |
| Living in the Miracle | $167.15 |  | TOTAL AFTER EXPENSES | $4,828.13 |
| Nature of Recovery | $0.00 |  |  |  |
| Clean and Serene | $252.65 |  |  |  |
| Freedom Group | $60.00 |  | RESERVES: |  |
|  |  |  | PR and FD | $500.00 |
|  |  |  | Prudent | $700.00 |
| TOTAL | $1,409.46 |  | Literature | $1,000.00 |
|  |  |  |  |  |
| TOTAL INCOME | $3,001.13 |  | TOTAL RESERVES | $2,200.00 |
|  |  |  |  |  |
|  |  |  | AVAILABLE TO DISPENSE | $2,628.13 |
|  |  |  |  |  |
|  |  |  | DONATION TO REGION(CHQ) |  |
|  |  |  |  |  |
| AVAILABLE MONEY | $5,201.13 |  | CLOSING BALANCE | $4,828.13 |

**Literature Report**

$3198.65 value of what is on hand

Have a reserve of $1,000

Value of next order $ 1, 062.54

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Description | Item # | July 2018 Price increase | January 2023 price increase 12% | Tax and Shipping 30% | Exchange 25% | Qty on Hand | Value |
| Books |  |  |  |  |  |  |  |
| Basic Text 6th Ed. | 1101 | $12.15 | $13.61 | $17.69 | $22.11 | 12 | $265.36 |
| A Spiritual Principle a Day | 1110 | $13.00 | $14.56 | $18.93 | $23.66 | 19 | $449.54 |
| JFT | 1112 | $9.55 | $10.70 | $13.90 | $17.38 | 18 | $312.86 |
| Sponsorship | 1130 | $9.75 | $10.92 | $14.20 | $17.75 | 2 | $35.49 |
| IWHW(Hard Cover) | 1140 | $9.55 | $10.70 | $13.90 | $17.38 | 6 | $104.29 |
| Living Clean | 1150 | $10.35 | $11.59 | $15.07 | $18.84 | 5 | $94.19 |
| Guiding Principles | 1201 | $11.65 | $13.05 | $16.96 | $21.20 | 5 | $106.02 |
| Step Working Guide | 1400 | $9.00 | $10.08 | $13.10 | $16.38 | 4 | $65.52 |
| Information Pamphlets |  |  |  |  |  |  |  |
| #1 Who,What,How, and Why | 3101 | $0.25 |  | $0.33 | $0.41 | 41 | $16.66 |
| #2 The Group | 3102 | $0.33 |  | $0.43 | $0.54 |  | $0.00 |
| #5 Another Look | 3105 | $0.25 |  | $0.33 | $0.41 | 70 | $28.44 |
| #6 Recovery and Relapse | 3106 | $0.25 |  | $0.33 | $0.41 | 40 | $16.25 |
| #7 Am I an Addict | 3107 | $0.25 |  | $0.33 | $0.41 | 32 | $13.00 |
| #8 Just For Today | 3108 | $0.25 |  | $0.33 | $0.41 | 45 | $18.28 |
| #9 Living the Program | 3109 | $0.25 |  | $0.33 | $0.41 | 68 | $27.63 |
| #10 Fourth Step Guide | 3110 | $0.82 |  | $1.07 | $1.33 | 0 | $0.00 |
| #11 Sponsorship | 3111 | $0.25 |  | $0.33 | $0.41 | 20 | $8.13 |
| #12 The Triangle of Self-Obsession | 3112 | $0.25 |  | $0.33 | $0.41 | 25 | $10.16 |
| #13 By Young For Young | 3113 | $0.25 |  | $0.33 | $0.41 | 36 | $14.63 |
| #14 One Addict's Experience.... | 3114 | $0.25 |  | $0.33 | $0.41 | 14 | $5.69 |
| #15 PI and the NA Member | 3115 | $0.25 |  | $0.33 | $0.41 | 60 | $24.38 |
| #16 For the Newcomer | 3116 | $0.25 |  | $0.33 | $0.41 | 18 | $7.31 |
| #17 For those in Treatment | 3117 | $0.33 |  | $0.43 | $0.54 | 20 | $10.73 |
| #19 Self-Acceptance | 3119 | $0.25 |  | $0.33 | $0.41 | 41 | $16.66 |
| #20 H&I and the NA Member | 3120 | $0.25 |  | $0.33 | $0.41 | 57 | $23.16 |
| #21 The Loner | 3121 | $0.33 |  | $0.43 | $0.54 | 49 | $26.28 |
| #22 Welcome to NA | 3122 | $0.25 |  | $0.33 | $0.41 | 53 | $21.53 |
| #23 Staying Clean on the Outside | 3123 | $0.25 |  | $0.33 | $0.41 | 26 | $25.59 |
| #24 Money Matters | 3124 | $0.56 |  | $0.73 | $0.91 | 20 | $18.20 |
| #26 Accessibility For Those with Needs | 3126 | $0.25 |  | $0.33 | $0.41 | 7 | $2.84 |
| #27 For the Parents..of Young People | 3127 | $0.31 |  | $0.40 | $0.50 | 47 | $23.68 |
| #28 Funding NA Services | 3128 | $0.37 |  | $0.48 | $0.60 | 20 | $12.03 |
| #29 An Intro to NA Meetings | 3129 | $0.25 |  | $0.33 | $0.41 | 57 | $23.16 |
| #30 Mental Health in Recovery | 3130 | $0.25 |  | $0.33 | $0.41 | 50 | $20.31 |
| Service Pamphlets |  |  |  |  |  |  |  |
| Group Business Meetings | 2202 | $0.25 |  | $0.33 | $0.41 | 5 | $2.03 |
| Group Trusted Servants | 2203 | $0.25 |  | $0.33 | $0.41 | 11 | $4.47 |
| Disruptive and Violent Behavior | 2204 | $0.25 |  | $0.33 | $0.41 | 6 | $2.44 |
| NA Groups and Medication | 2205 | $0.33 |  | $0.43 | $0.54 | 5 | $2.68 |
| Principles and Leadership in NA Service | 2206 | $0.33 |  | $0.43 | $0.54 | 5 | $2.68 |
| Social Media | 2207 | $0.33 |  | $0.43 | $0.54 | 15 | $8.04 |
| Booklets |  |  |  |  |  |  |  |
| Twelve Concepts of NA | 1164 | $2.20 |  | $2.86 | $3.58 | 5 | $17.88 |
| An Introductory Guide to NA | 1200 | $2.15 |  | $2.80 | $3.49 | 0 | $0.00 |
| NA White Booklet(LG Print, H&I avail) | 1500 | $0.80 |  | $1.04 | $1.30 | 38 | $49.40 |
| The Group Booklet | 1600 | $1.00 |  | $1.30 | $1.63 | 6 | $9.75 |
| Behind the Walls(H&I version avail) | 1601 | $1.00 |  | $1.30 | $1.63 | 0 | $0.00 |
| In Times of Illness | 1603 | $3.40 |  | $4.42 | $5.53 | 1 | $5.53 |
| PR Foldout | 2307 | $1.10 |  | $1.43 | $1.79 | 7 | $12.51 |
| Keytags |  |  |  |  |  |  |  |
| White | 4100 | $0.55 |  | $0.72 | $0.89 | 16 | $14.30 |
| Orange | 4101 | $0.55 |  | $0.72 | $0.89 | 115 | $102.78 |
| Green | 4102 | $0.55 |  | $0.72 | $0.89 | 35 | $31.28 |
| Red | 4103 | $0.55 |  | $0.72 | $0.89 | 47 | $42.01 |
| Blue | 4104 | $0.55 |  | $0.72 | $0.89 | 1 | $0.89 |
| Yellow | 4105 | $0.55 |  | $0.72 | $0.89 | 23 | $20.56 |
| Moonglow | 4106 | $0.55 |  | $0.72 | $0.89 | 33 | $29.49 |
| Grey | 4107 | $0.55 |  | $0.72 | $0.89 | 40 | $35.75 |
| Black | 4108 | $0.55 |  | $0.72 | $0.89 | 29 | $25.92 |
| Medallions |  |  |  |  |  |  |  |
| 18 MONTHS | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 10 | $61.88 |
| ONE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 0 | $0.00 |
| TWO | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 8 | $49.50 |
| THREE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 9 | $55.69 |
| FOUR | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 9 | $55.69 |
| FIVE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 8 | $49.50 |
| SIX | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 11 | $68.07 |
| SEVEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 10 | $61.88 |
| EIGHT | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 10 | $61.88 |
| NINE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 10 | $61.88 |
| TEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 9 | $55.69 |
| ELEVEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| TWELVE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| THIRTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| FOURTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 6 | $37.13 |
| FIFTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| SIXTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| SEVENTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| EIGHTEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 5 | $30.94 |
| NINETEEN | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 4 | $24.75 |
| TWENTY EIGHT | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 1 | $6.19 |
| TWENTY NINE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 2 | $12.38 |
| THIRTY ONE | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 1 | $6.19 |
| THIRTY TWO | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 1 | $6.19 |
| INFINITY | 43 | $3.40 | $3.81 | $4.95 | $6.19 | 1 | $6.19 |
| TRI-PLATE |  | $24.85 | $27.83 | $36.18 | $45.23 |  |  |
| SPONSORSHIP MEDALLION | 9603 | $5.00 | $5.60 | $7.28 | $9.10 |  |  |
| Other |  |  |  |  |  |  |  |
| Convention Guidelines | 2108 | $5.10 |  | $6.63 | $8.29 | 0 | $0.00 |
| A Guide to Local Services | 2111 | $7.50 |  | $9.75 | $12.19 | 1 | $12.19 |
| A Guide to World Service | 2104 | $4.55 |  | $5.92 | $7.39 | 1 | $7.39 |
| Handbook for NA Newsletter | 2106 | $2.25 |  | $2.93 | $3.66 | 1 | $3.66 |
| A Guide for Phoneline Service | 2107 | $3.80 |  | $4.94 | $6.18 | 1 | $6.18 |
| Treasurer's Handbook | 2109 | $2.25 |  | $2.93 | $3.66 | 1 | $3.66 |
|  |  |  |  |  |  |  |  |
| Total CDN |  |  |  |  |  |  | $3,198.65 |
| Reserve |  |  |  |  |  |  | $1,000.00 |

**Break (12:03)**

**Old Business**

* Jesse will send Saint John’s Poster Drive spreadsheet to the Fredericton folks so they can see what Saint John has been doing and how they are tracking it – DONE.
* Daniel M agreed to organize the Zoom Meeting for the Poster Drive – OUTSTANDING.
* Penny to contact Detox lead to see if they are interested in a PI presentation – did reach out to them but there seems to be no interest. Continuing to work with them to set something up.
* Tim to upload NANB Guidelines (v.2) to website – DONE.
* Discussion re: rent for Area – addressed in Admin Meeting. Agreed it would be $40. More discussion ensued. It was suggested that it be managed by whoever is responsible for hosting. Agreed.
* Alt RCM – no interest (will be addressed next meeting in Old Business). Position was read. Question re clean time requirement – 2 years. To be addressed in Old Business at next meeting.

**Open Forum (Group Concerns)**

1. The was a question regarding whether ASC literature prices are reflected when ordering (reduced cost of tax). The sheet has not been updated to reflect the changes. It was noted that if prices have been lowered they should be reflected.

ACTION – Jesse to update the literature order form to reflect tax changes (decrease).

1. Poster Drive in Fredericton – has been an issue with some of fellowship in Fredericton with timeline of poster drive. Wondering what we can do to get it moving. Andrea and Liz are interested in helping out in any way possible. An alternative is to change the responsibility of the poster drive in Fredericton. Agreed Andrea and Liz will act as points of contact going forward in Fredericton.

**New Business**

1. Region is being audited due to having a significant overflow of cash. Question raised whether we want to continue to donate to Region while they are being audited. Discussion that an audit is a normal course of business. It was noted this is not a formal audit. Group had no concerns with continuing to send donation to Region.

**Announcements**

Jennifer R in Moncton 2 years April 18

Luc W in Moncton 2 years May 2

Ashley M in Fredericton 1 year May 4

Lewis in Moncton 1 year May 21

Dan T in Fredericton 10 years May 22

Rick D in Saint John 37 years sometime in May

Jesse M in Rothesay 31 years June 8th

Gale G in Moncton 33 years June 11, 24

**Meeting Adjourned (12:41pm)**

**Upcoming ASC dates**

February 3rd – Rothesay

April 13th – Moncton

June 15th – Fredericton

August 17th – Moncton

October 19th – Rothesay

December 14th – Fredericton

January 11th, 2025 – Moncton

February 8th, 2025 – Rothesay

March 8th, 2025 - Fredericton

**Action Items**

1. Cody will forward Group Guidelines to Penny to include in the minutes
2. Jesse to update the literature order form to reflect tax changes (decrease).

**LIVING FREE GROUP GUIDELINES**

**A) Group Purpose:**

Tradition 5:  “Each group has but one primary purpose-to carry the message to the addict who still suffers.”

**B) Group Policies:**

1. Trusted Servants: Elections will be held annually in October.

**C) Service Positions:**

Secretary

        The Secretary carries a great responsibility, and therefore this

        position should not be taken lightly.  Secretary arranges the affairs

        of the group.

        The Secretary is responsible for the following:

* Opening and closing the meeting regularly or delegates these tasks-no matter what
* Setting up a NA literature table for the meetings
* Keeping the meeting’s records or designates safe keeping
* Arranging the group’s business meetings
* Purchasing supplies and literature or delegates these tasks
* When a new group secretary or GSR takes office, or

there is a change in the group’s mailing address or the time or

location of a group’s meeting, both the area service committee and

The World Services Office should be informed.

*Clean Time Requirement: 1 year*

        Treasurer

        Strongly recommended that members elected as treasurers are

        financially secure, are good at managing their own personal

        finances, are responsible and provide a reliable service record. The

group's treasurer’s job requires close attention to details. To help

        the treasurer in managing the group’s financial details, a

        Treasurer’s Handbook is available from ASC or the World Service

        Office. Obviously, the treasurer has a grave responsibility and much

        thought should be taken in selecting one.

        The treasurer is responsible for:

* Counts and safeguards the 7th Tradition and Literature Sales
* Handling money and transactions
* Paying groups bills and rent
* Handles reimbursement of supplies when applicable
* Keeping financial records
* Carrying out group conscience for the flow of funds
* Making regular financial reports to the group
* Always have collection amount confirmed with recount by another home group member

*Clean Time Requirement*: 2 years

Group Service Representative (GSR)

The GSR is the vital link between the group and the rest of the

Fellowship. The GSR is the formal line of communication whose

purpose is to represent the group conscience in matters affecting

other groups or NA as a whole. This duty requires the GSR to

provide information to the group about developments in the world-

wide NA Fellowship and to share with the Area Service Committee

(ASC) any activities, strengths, or problems in the group.

The GSR is responsible for the following:

* Attending the Area Service Committee (ASC) regularly
* Serving as a liaison between the group and the ASC
* Sharing responsibilities with the Alt-GSR
* Carries the group conscience to the ASC
* Takes notes from ASC meetings to bring back to the group for discussion
* Keeping the group accurately registered with the World Services

*Clean Time Requirement:* 1 year

        Alternate-GSR (Alternate-Group Service Representative)

* Alt-GSR acts as GSR in the absence of the GSR
* Accompanies each ASC meeting with GSR in order to learn and to provide the GSR with support
* Assumes GSR position once GSR’s position ends; should the member and the group reach consensus

*Clean Time Requirement: 6 Months*

Chairperson (***this is NOT a voted position, rather the position rotates among all members)***

* Responsible for chairing the meeting using the “Chairperson Format”
* Must be capable of maintaining order during  the meeting
* Ensures members adhere to Meeting Etiquette Guidelines

*Clean Time Requirement: 3 Months*

Dismissal:

Group members may be dismissed from their position for non-compliance. Non-compliance includes but is not limited to:

* Loss of abstinence
* Non-fulfilment of the duties of their position

Group consensus is required for a dismissal and said member will not be eligible for any group position for a period of 1 year after dismissal unless the group decides otherwise.

Resignation:

Group members may resign from their position at any time.  To maintain continuity of service and a reasonable transition, it is suggested that the resignation is received as soon as possible, in order for the group to fill the position quickly.

**D) 7th Tradition:**

Money is collected at each meeting, counted by the secretary, double-checked by another group member, then promptly given to the Treasurer.  Money collected from the group’s 7th Tradition shall be distributed by the Treasurer at the end of each quarter as follows:

* Rent is to be paid.  Rent required by the VHC is literature.
* Literature is to be purchased, keeping with our baseline inventory amounts
* Top-up to group’s prudent reserve (if needed)
* Any supplies shall be purchased as needed with receipts being kept
* Special events
* Any money leftover shall be donated to the Area Service Committee

**E) Literature:**

All books are sold for $20.  Literature is to be ordered, at least 7 days prior to the ASC.  The following is a breakdown of the literature we try to keep on hand:

* Basic Text - 5 ($22.11)
* Spiritual Principal a Day - 3 ($23.66)
* Just for Today - 3 ($17.38)
* White Booklet - 20 ($1.30)
* Sponsorship Pamphlet - 20 ($0.41)
* Key tags - White - 20 ($0.89); Orange, Green, Red, Blue, Yellow - 10; Glow, Grey, Black - 5
* All other pamphlets or medallions - as needed

Literature will be ordered and paid by the treasurer to the Area’s Literature Chair.  Delivery of literature will be at the ASC.

**F) Meetings:**

The Living Free Group meetings are open meetings and are held Saturdays from 7:00 to 8:00.  We read from the Basic Text each week. We recommend the newcomers to the rooms read the Meeting Etiquette IP, as well as the pamphlet on Disruptive Behaviour.

Meeting location is at the Victoria Health Centre at 65 Brunswick St in the boardroom.  All members attending the meeting are required by the VHC to sign in and out of the building.  The secretary is responsible for the communication between the building manager and the group, ensuring that the room/washroom is left in clean condition, all chairs and tables are put away, and all lights are turned off before leaving.  When unable to open a meeting, the Secretary will designate another member to open the meeting. There is to be no smoking or vaping in front of the building.

**Contact information:**

Commissionaire

65 Brunswick St

Fredericton, NB

E3B 1G5

(506) 453-3962

**G) Anniversaries:**

Anniversaries for group members are celebrated on or after their clean date.  Group will plan a celebration for the date selected by the member.  Supplies (cake, card, etc) will be purchased by the treasurer.  The treasurer has to keep all receipts and the group will pay for the supplies. All anniversaries are logged in the Secretary’s book.

**H) Motions:**

Motions will be brought up during the New Business portion of the business meeting.  Group will come to its decision using consensus-based decision making. Consensus-based decision making is a method by which an entire group of people can come to an agreement.  In the event that a consensus cannot be reached, there may be a vote on the issue.  A vote on the issue shall be called if, after the secretary repeats what they believe to be the consensus reached, there is significant dissent on the matter.  As a rule of thumb, 85% or greater would demonstrate consensus.