

# NANB Area Minutes for January 17, 2026 - **REVISED**

## **Area Agenda**

1. Role call of GSR's
2. Reading of 12 Concepts and 12 Traditions
3. Reading of service paragraph from the Basic Text
4. Adoption of Minutes
5. Group Reports
6. RCM Report
7. Vice Chair report on H&I and PR Efforts
8. Treasurer Report
9. Literature Report
10. Old Business
11. Open Forum (Group Concerns)
12. New Business
13. Announcements
14. Adjourn Meeting

## **ASC Opened (11:00am)**

Welcome

Info for new GSRs not available. Andrea will provide if anyone needs one. Not required. (GSR orientation booklet and basics); Role Call of GSRs; Reading of the Service Paragraph, 12 Concepts, 12 Traditions

## **Attendance**

Andrea P., Chair  
Kevin B, Vice-Chair  
Steve C., Treasurer  
Jesse M., Literature Rep, GSR Nature of Recovery  
Penny A., Secretary, ASC  
Julia H., Regional Committee Member, GSR Free Spirit  
Jenn B, Alt RCM, GSR Living In The Miracle  
Ian C, GSR Clean and Serene  
Joe G, GSR Freedom Group  
Niki G, GSR Unity Is The Key  
Cody P., Acting GSR, Living Free  
Kim F., Alt-GSR, Living In The Miracle  
Emma B, Alt-GSR, Free Spirit  
Emma G., Interest Member, Living Free  
Star W, Interested Member, Living Free  
Jess P., Interested Member, Living In The Miracle  
Amethyst E, Interested Member, Living In The Miracle  
Anthony W, Interested Member, Freedom Group  
Jennie, Interested Member, Living Free  
Janelle P., Interested Member, Living In The Miracle

Gale G., Interested Member, Unity Is The Key  
John O., Interested Member, Unity Is The Key

## **Adoption of Minutes**

Adopted.

## **Group Reports**

### **Clean and Serene Group**

Hello Everyone:

The Clean and Serene group has been doing well, and continues to spread the message to the still sick and suffering addict. Meetings are held Monday and Wednesday evenings at the Grace Presbyterian Church at 7pm. Attendance has been between 8 and 14 addicts. Mondays we continue to read from the Just For Today, and share on the daily topic from that book. And Wednesday evenings we select a topic from a list at the front of the secretary's binder. We had a business meeting 12 Jan. with nothing new to report. We have a literature order of \$11.90. The contribution to the ASC this month is \$515.85

Yours in Loving Service

Ian C. GSR

### **Free Spirit Group**

The Free Spirit Group continues to meet twice weekly with an average attendance of 16 addicts per meeting. We alternate reading from the Living Clean and the JFT on Mondays and Wednesdays. Once a month we read from the SPAD and once a month we have a topic discussion.

The group held business meetings on Dec 3 and Jan 14, with 9 and 8 homegroup members in attendance, respectively. Emma B was elected alt-GSR – welcome Emma! We discussed the literature price increase and members felt it would be best to align with other groups in the area. Suggestions were to maintain prices at \$20 per book or raise to \$22 per book.

A member voiced their concern regarding unity in the fellowship and feeling unwelcome. The group discussed how to improve unity within the homegroup and how to support newcomers and long-time members alike. It was suggested that we start organizing fellowship activities for the homegroup. Another member brought forward concerns about understanding and fulfillment of duties for service positions within the homegroup. The group decided to facilitate workshops on the service positions and responsibilities of group members in future business meetings.

Upcoming anniversaries:

Robin W – 23 years Feb 25

During this cycle, the group brought in \$343.70 in 7<sup>th</sup> contributions and literature sales. We are paying 6 months rent for \$240 and placing \$53.70 in our event fund. This leaves a contribution to area of \$50.

In loving service,  
Julia H, GSR

It was clarified that the member feels unwelcome Fredericton wide.

## **Living In The Miracle Group**

Good morning NA family,

I am here to give you a report on the LITM group. Our average meeting attendance is 11 members per meeting this cycle. We have recently seen a drop in home group members, as a group we decided it would be beneficial to conduct a Group Inventory. A poll in our LITM Group Chat will be the first phase of conducting this Inventory. Our Home Group members will have the opportunity to vote on areas of concern that need to be addressed, we will then have a follow-up meeting to discuss any concerns in person.

Our group previously decided we wanted to update our Chairperson Format on disruptive, violent and predatory behavior. As a group we decided it would be best to meet and discuss how we will handle disruptive, violent and predatory behavior prior to updating our Chairperson Format literature.

We continue to keep the book study format on Fridays we read from the Basic Text, Sundays we read from the It Works How and Why. On the first Sunday of the month it's a candle lite IP Meeting. I am pleased to report that our game nights continue to be welcoming environment for fellowship, and we will remain hosting it on the 3rd Friday of the month, following the regular meeting. All are welcome.

Keeping unity alive we had members from all 3 Fredericton Home Groups organize and host a Holiday Party. A day full of laughter, recovery and plain old holiday fun. It was also nice to see members from other cities come join in on the fun.

Group Finances - Event Prudent Reserve expenditure for Holiday Party was \$188.55, leaving a balance of \$125.65. Total income for this cycle \$376.75, expenses \$33.40, literature order 27.32, rent \$170, leaving a balance of \$173.35. Area donation \$58.68, remaining \$87.35 will be put back into Event Prudent Reserve with a new balance of \$213.00 (will continue to grow this Reserve back to \$300).

Upcoming celebrations: Jenn B 2yrs Feb 6, Steve C 20yrs Feb 22, Isaac H 1yr Mar 13, Liz H 14yrs Apr 10.

As for our action items from the last Area Service meeting:

LITM suggests the cost for all books be \$20 given the average cost per book with the 15% increase as of Jan 2026 is \$20.45.

LITM Group suggests the Hybrid Regional Assembly in Newfoundland be done via Zoom in each city and confirm that Area will cover rent costs for space.

Yours in loving Service,  
Jenn B GSR, Atl RCM

## **Nature of Recovery**

Greetings Fellow Addicts,

This report covers from 5 July 25 – 27 Dec 25.

We are current with our financial commitments and we have \$267.60 donation to the ASC. Literature order of \$36.70.

We held a business meeting on Jan 3 where we discussed our group status. We had an average attendance of 5 addicts per meeting.

We discussed the literature increase and we will be keeping our price for books at \$200.00 per book.

We held a 34<sup>th</sup> anniversary medallion meeting for Paul C on the 10<sup>th</sup> of January.

YILS,  
Jesse M, GSR

### **Freedom Group**

Hello in a family. The Freedom Group has been holding meetings every Friday night at 7 p.m. At the Saint Mary's Saint Bartholomew Church on Westmoreland Road. And they are running smoothly.

Our total seventh tradition including prudent reserve was \$231.95. Our rent for two months was \$50.00 Our literature order is \$24.45. Donation to Area \$95. Which leaves us a prudent reserve of \$62.50.

In loving service, Joe G

### **Living Free**

Good morning,

Living Free group is doing well meeting on Tuesdays and Saturdays with an average meeting attendance of approximately 15-20 members.

We had a business meeting Jan 6 and it was brought up that our group is still needing to appoint an Alt-GSR.

The Fredericton groups came together and planned a holiday event and we ended up spending \$188.55 out of our \$200 fun fund.

Our 7<sup>th</sup> tradition this round \$344.60 and used for Celebrations a total of \$82, our literature order is totaling 186.60, leaving us with a donation to Area of \$75.80.

Cody P. (Acting GSR)

### **Unity Is The Key**

Hello Fellow Addicts,

Unity is the Key group is doing well. Meetings are Tuesday Topic discussion, Thursdays is JFT from 7-8pm. We have an average of 10-15 addicts per meeting. Our total income is \$1,314.66, expenses are rent \$100, prudent reserve \$200, Fun in Recovery \$500, literature \$97.01, Donation \$200, totals \$1,97.01, leaving a balance in the bank \$217.65.

In Loving Service,  
Niki G / GSR

## **Alt-RCM Report**

No report

## RCM Report

There has not been a regional meeting since the last area so there is little to report on this cycle. The regional admin body has provided a final draft of the Regional Assembly Guidelines, which I will forward for inclusion in the minutes. Most of the comments from our area have been addressed in this version. No additional comments or responses to questions were provided by the admin body. RCMs will be asked to vote on approval of the draft at the next RSC meeting which will be held February 8 on Zoom.

The Regional Assembly is coming up on February 7 and will be hosted on Zoom, with some areas and groups holding in-person gatherings. The poster for the event and meeting link was emailed out with the November ASC minutes and can be found on CARNA.ca. The assembly will focus on the Conference Agenda Report (CAR) and Conference Approval Track (CAT). The CAR is available now at [na.org/conference](http://na.org/conference) and the CAT will be posted February 1. Reviewing the documents ahead of time will facilitate productive discussion at the assembly. Group responses must be provided to the RD by April 1.

In loving service,  
Julia H, RCM

## Vice-Chair Report on PR and H&I Efforts

### H&I EFFORTS

Fredericton – interested addicts are actively being recruited to participate in H&I activities. We will hold an H&I orientation in February. We will be reaching out to Detox and an interested women's shelter to begin providing HI sessions in the near future. YILS, Penny

## Literature Report

Description	Item #	July 2018 Price increase	Jan 2023 price increase 12%	Jan 2026 price increase	Tax and Shipping 25%	Exchange 25%	Qty on Hand	
<b>Books</b>								
Basic Text 6th Ed.	1101	\$12.15	\$13.61	\$15.65	\$19.56	\$24.45	21	
A Spiritual Principle a Day	1110	\$13.00	\$14.56	\$14.95	\$18.68	\$23.35	19	
JFT	1112	\$9.55	\$10.70	\$12.30	\$15.37	\$19.22	29	
Sponsorship	1130	\$9.75	\$10.92	\$11.25	\$14.06	\$17.57	2	
IWHW(Hard Cover)	1140	\$9.55	\$10.70	\$12.30	\$15.37	\$19.21	8	
Living Clean	1150	\$10.35	\$11.59	\$13.35	\$16.68	\$20.86	6	
Guiding Principles	1201	\$11.65	\$13.05	\$13.35	\$16.68	\$20.86	6	
Step Working Guide	1400	\$9.00	\$10.08	\$11.59	\$14.49	\$18.11	10	
<b>Information Pamphlets</b>								
#1 Who,What,How, and Why	3101	\$0.25		\$0.29	\$0.36	\$0.45	53	
#2 The Group	3102	\$0.33		\$0.38	\$0.47	\$0.59	10	
#5 Another Look	3105	\$0.25		\$0.29	\$0.36	\$0.45	53	
#6 Recovery and Relapse	3106	\$0.25		\$0.29	\$0.36	\$0.45	47	
#7 Am I an Addict	3107	\$0.25		\$0.29	\$0.36	\$0.45	60	
#8 Just For Today	3108	\$0.25		\$0.29	\$0.36	\$0.45	35	

#9 Living the Program	3109	\$0.25		\$0.29	\$0.36	\$0.45	50
#10 Fourth Step Guide	3110	\$0.82		\$0.95	\$1.19	\$1.48	3
#11 Sponsorship	3111	\$0.25		\$0.29	\$0.36	\$0.45	24
#12 The Triangle of Self- Obsession	3112	\$0.25		\$0.29	\$0.36	\$0.45	52
#13 By Young For Young	3113	\$0.25		\$0.38	\$0.47	\$0.59	26
#14 One Addict's Experience....	3114	\$0.25		\$0.29	\$0.36	\$0.45	16
#15 PI and the NA Member	3115	\$0.25		\$0.29	\$0.36	\$0.45	57
#16 For the Newcomer	3116	\$0.25		\$0.29	\$0.36	\$0.45	23
#17 For those in Treatment	3117	\$0.33		\$0.38	\$0.47	\$0.59	20
#19 Self-Acceptance	3119	\$0.25		\$0.29	\$0.36	\$0.45	43
#20 H&I and the NA Member	3120	\$0.25		\$0.29	\$0.36	\$0.45	59
#21 The Loner	3121	\$0.33		\$0.38	\$0.47	\$0.59	34
#22 Welcome to NA	3122	\$0.25		\$0.29	\$0.36	\$0.45	47
#23 Staying Clean on the Outside	3123	\$0.25		\$0.29	\$0.36	\$0.45	21
#24 Money Matters	3124	\$0.56		\$0.56	\$0.70	\$0.87	20
#26 Accessibility For Those with Needs	3126	\$0.25		\$0.29	\$0.36	\$0.45	8
#27 For the Parents..of Young People	3127	\$0.31		\$0.38	\$0.47	\$0.59	37
#28 Funding NA Services	3128	\$0.37		\$0.44	\$0.55	\$0.69	20
#29 An Intro to NA Meetings	3129	\$0.25		\$0.29	\$0.36	\$0.45	32
#30 Mental Health in Recovery	3130	\$0.25		\$0.38	\$0.47	\$0.59	48
<b>Service Pamphlets</b>							
Group Business Meetings	2202	\$0.25		\$0.29	\$0.31	\$0.39	5
Group Trusted Servants	2203	\$0.25		\$0.29	\$0.31	\$0.39	5
Disruptive and Violent Behavior	2204	\$0.25		\$0.29	\$0.31	\$0.39	6
NA Groups and Medication	2205	\$0.33		\$0.38	\$0.41	\$0.52	5
Principles and Leadership in NA Service	2206	\$0.33		\$0.38	\$0.41	\$0.52	5
Social Media	2207	\$0.33		\$0.38	\$0.41	\$0.52	15
<b>Booklets</b>							
Twelve Concepts of NA	1164	\$2.20		\$2.50	\$3.12	\$3.91	5
An Introductory Guide to NA	1200	\$2.15		\$2.45	\$3.06	\$3.83	0
NA White Booklet(LG Print, H&I avail)	1500	\$0.80		\$0.92	\$1.15	\$1.44	53
<b>Little White Book Special Edition</b>	1501	\$15.00		\$15.00	\$18.75	\$28.12	0
The Group Booklet	1600	\$1.00		\$1.15	\$1.44	\$1.80	5
Behind the Walls(H&I version avail)	1601	\$1.00		\$1.15	\$1.44	\$1.80	5
In Times of Illness	1603	\$3.40		\$3.40	\$4.25	\$5.31	5
PR Foldout	2307	\$1.10		\$1.25	\$1.56	\$1.95	7
<b>Keytags</b>							
White	4100	\$0.55		\$0.64	\$0.80	\$1.00	93
Orange	4101	\$0.55		\$0.64	\$0.80	\$1.00	117
Green	4102	\$0.55		\$0.64	\$0.80	\$1.00	65
Red	4103	\$0.55		\$0.64	\$0.80	\$1.00	73
Blue	4104	\$0.55		\$0.64	\$0.80	\$1.00	38
Yellow	4105	\$0.55		\$0.64	\$0.80	\$1.00	39
Moonglow	4106	\$0.55		\$0.64	\$0.80	\$1.00	30
Grey	4107	\$0.55		\$0.64	\$0.80	\$1.00	39

Black	4108	\$0.55		\$0.64	\$0.80	\$1.00	35
<b>Medallions</b>							
18 MONTHS	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
ONE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	0
TWO	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	1
THREE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	2
FOUR	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	7
FIVE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	8
SIX	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	6
SEVEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	10
EIGHT	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	9
NINE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	10
TEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	10
ELEVEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	3
TWELVE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	2
THIRTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
FOURTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
FIFTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
SIXTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
SEVENTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
EIGHTEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	5
NINETEEN	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	3
TWENTY FOUR	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	1
TWENTY EIGHT	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	1
TWENTY NINE	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	2
INFINITY	43	\$3.40	\$3.81	\$4.37	\$5.46	\$6.83	1
TRI-PLATE		\$24.85		\$28.60	\$35.74	\$44.68	
SPONSORSHIP MEDALLION	9603	\$5.00		\$5.00	\$6.25	\$7.81	
<b>Other</b>							
Convention Guidelines	2108	\$5.10		\$5.87	\$7.33	\$9.16	1
A Guide to Local Services	2111	\$7.50		\$8.60	\$10.75	\$13.43	1
A Guide to World Service	2104	\$4.55		\$5.25	\$6.56	\$8.20	1
Handbook for NA Newsletter	2106	\$2.25		\$2.50	\$3.12	\$3.91	1
A Guide for Phoneline Service	2107	\$3.80		\$4.40	\$5.50	\$6.87	1
Treasurer's Handbook	2109	\$2.25		\$2.50	\$3.12	\$3.91	1
Group Readings(set of 7)	9130	\$4.90		\$5.65	\$7.06	\$8.83	0
The NA survival Kit	9425	\$20.00			\$25.00	\$31.24	4
Lit Rack: Wire16 pocket	9054	\$27.70		\$32.00	\$39.99	\$49.99	
Lit Rack: Wire 20-Pocket	9055	\$40.40		\$47.00	\$58.74	\$73.42	
Basic Text Large Print	1101LP	\$18.54		\$21.32	\$26.65	\$33.31	
Poster: Serenity Prayer	9072	\$1.55		\$1.78	\$2.23	\$2.78	
Poster: Twelve Steps	9073A	\$3.50		\$4.03	\$5.03	\$6.29	
<b>Total CDN</b>							
<b>Reserve</b>							

Value of current inventory is \$4,084.84. Will be putting in an order for \$577 may be a bit more as need to order a few extra medallions for groups. Literature orders are present and will be distributed at break. Note on price increase, the average comes out to \$20.45 per book.

## Web Coordinator Report

Received minutes and anniversaries and have updated on the website. Website seems to be running well. Received invoice for hosting fee and domain registration for \$240. In addition, the translation fee is \$250 for making our website bilingual. Total due for website for the year is \$563.50. It is our understanding the translation fee is a one-time cost and will not be carried over to future years.

It was raised that some minutes from 2025 are not all there. There were 2 sets of minutes that were not received by the Web Coordinator. ACTION – Secretary will verify which ones are missing and provide to Web Coordinator.

## **Break (11:35am)**

### **Workshop**

Workshop was presented on Disruptive and Predatory Behavior. Ideas for handling such situations were as follows:

1. All members need to practice principles before personalities.
2. Ask a newcomer if they are huggable before hugging them. This holds true for members with time as well.
3. Add into Group Format that “for those who wish” can join into the circle at the end of the meeting.
4. Homegroups have identified male and female members with time appointed to greet newcomers of same sex.
5. Group members should intervene in predatory behavior right away. Group members keep pay attention to body language that denotes someone is uncomfortable. On breaks have someone from home group identified to go outside to monitor as this is where people are most vulnerable. Identify safe people to sit with for newcomers. Caution newcomers about known predators and to limit their contact with the person. Don't allow vulnerable people to be left alone with known predators.
6. If someone is being a predatory, two group members take them aside and lovingly explain that their action is unsafe and makes others feel uncomfortable. Predators should be approached by a group of two people to ensure safety.
7. When a member reports an incident, trusted servants can ask someone to be a “safe person” to support the vulnerable person. Let vulnerable know that there are people who will protect them. Encourage vulnerable people to speak up if they feel uncomfortable or threatened. Add in a “safety statement” into meeting format (see attached).
8. Disruptive behavior and sniper sharing – chairperson or secretary can identify a break is required or introduce a pause to redirect the meeting focus (i.e. have group say Serenity Prayer).
9. NA.Org has lots of resources for dealing with disruptive and violent behavior, as well as predatory behavior. NA.Org – Local Service Resources – Addressing Predatory or Violent Behavior etc.

(Workshop concluded 12:50pm)

## Treasurer's Report – REVISED

Treasurer's report revised to reflect expenses incurred for hosting a Zoom site in Fredericton for the Regional Assembly. This resulted in an Area Donation to Regional Service Committee of \$101.00.

Reserves		Income	
PR and FD	\$1,000.00	Group Donations	
Prudent Reserve	\$700.00	Unity Is The Key	\$200.00
Literature	\$1,000.00	Living Free	\$75.80
		Free Spirit Group	\$50.00
Total Reserves	\$2,700.00	Living In The Miracle	\$58.68
		Nature of Recovery	\$267.60
Current in bank	\$3,887.77	Clean and Serene	\$515.85
		Freedom Group	\$95.00
		Donation Total	\$1,262.93
		Literature Sales	
		Unity Is The Key	\$92.01
		Living Free	\$186.60
		Free Spirit Group	\$ -
		Living In The Miracle	\$27.32
		Nature of Recovery	\$36.70
		Clean and Serene	\$11.90
		Freedom Group	\$24.45
		Literature Total	\$378.98
		Total Income	\$1,641.91

EXPENSES					
Recurring		Recurring Total	\$2,266.73	Income minus Expenses	- \$1,086.77
Bank Fees	\$5.00			Top up to Reserves	- \$1,187.77
ASC Rent (CHQ044)	\$80.00				
Phoneline					\$101.00
NAWS(CHQ062)	\$1,563.50				
ASC Snacks	\$54.73				
Website(CHQ074)	\$563.50			Insurance(\$236.11/m)	\$236.11
Reimbursements		Travel Total	\$461.95		
Andrea P ink(CHQ071)	\$98.88	Total Expenses	\$2,728.68		
Andrea P postage(CHQ072)	\$32.28			Sub-Total	\$101.00
Jesse M medallions(CHQ073)	\$23.32			NAWS Final Bal (Sent to RSC)	\$101.00
Anthony W (CHQ075)	\$80.00				
Regional Assembly	\$227.47				

On-line payment cannot be made via e-transfer for our bank account. NAWS has identified that we can use a PayPal account so that we can pay for our literature that way. Consensus.

ACTION – Steve will verify with bank regarding making e-transfer for Regional Service Committee payments.

## **Old Business**

1. Regional Assembly Newfoundland Hybrid Meeting is Feb 7, 2026 at 9:30am – Region will provide funding for space rental. ACTION – LITM will host for zoom meeting.
2. Predatory workshop was presented.
3. Literature discrepancy – we are all caught up on payments. Discuss method of payment going forward. Report on audit was sent out after last Area meeting by Secretary.
4. Contact lists were emailed out by Secretary. Paper copies were available at the meeting.
5. Website translation – Paul was not present to provide update. The site now has a button that says French and English. Website is ready, only require translated information to post on it.
6. Vice-Chair: Kevin, Secretary: Penny
7. New literature prices – some GSRs provided feedback. It was discussed that the average cost of a book is \$20.45 after the January increase. Consensus was reached to maintain book costs at \$20.00.

## **Open Forum (Group Concerns)**

1. Business Cards – distributed to each city (Moncton, Saint John, Fredericton).
2. Distribution of pamphlets and business cards when conducting poster drive was discussed. It was agreed the PR & Fellowship Development Fund can cover the cost of pamphlets and business cards.

## **New Business**

1. Canadian Convention September 18 – 20, 2026 – some Point People positions have been awarded: Andrea P, Chairperson, Penny A, Sec/Treasurer, Kevin B, Fundraising, Tim M, Programming, Jesse M, Merchandise. There are 3 more that remain available: Registration, Hospitality & Convention Info, Arts & Graphics. Encourage people to go online and sign up to volunteer. Visit [canadianconvention.com](http://canadianconvention.com) to register and apply to volunteer.
2. We will need to consider a change of date for ASC meeting scheduled for September 19<sup>th</sup>, 2026 since it will fall on the Convention. ACTION – ASC to discuss at next meeting.
3. PR Meeting after this meeting.

## **Announcements**

Anniversaries:

Jenn B, 2 years, February 6<sup>th</sup> – Living In The Miracle  
Steve C, 20 years, February 22<sup>nd</sup> – Living In The Miracle  
Robin W, 23 years, February 25 – Free Spirit  
Isaac H, 1 year, March 13 – Living In The Miracle  
Liz H, 14 years, April 10 – Living In The Miracle

Regional Assembly February 7<sup>th</sup> at 9:30am on Zoom  
RSC February 8<sup>th</sup>

## **Meeting Adjourned**

1:27pm

## **Upcoming ASC dates**

March 21<sup>st</sup>, 2026 – Moncton

May 16<sup>th</sup>, 2026 – Rothesay

July 18<sup>th</sup>, 2026 – Fredericton

September 19<sup>th</sup>, 2026 – Moncton

November 21<sup>st</sup>, 2026 – Rothesay

## **Action Items**

1. Secretary will verify which minutes are missing from the website and provide to Web Coordinator for posting.
2. Treasurer will verify with bank regarding making e-transfer payments to Regional Service Committee.
3. LITM will host Zoom meeting space for Regional Assembly is space is available.
4. ASC to discuss changing date of September 19<sup>th</sup>, 2026 meeting as it falls on the Canadian Convention weekend.