

NANB Area Minutes for July 19th, 2025

Admin Minutes

Steve- Ask Paul-webmail email needs changed as he is not receiving any. As well as add secretary (Samantha S.) to the webmail (nanbasc.ca)

Area Agenda

1. Role call of GSR's
2. Reading of 12 Concepts and 12 Traditions
3. Reading of service paragraph from the Basic Text
4. Adoption of Minutes
5. Group Reports
6. RCM Report
7. Vice Chair report on H&I and PR Efforts
8. Treasurer Report
9. Literature Report
10. Old Business
11. Open Forum (Group Concerns)
12. New Business
13. Announcements
14. Adjourn Meeting

ASC Opened ()

Introductions

Presented info for new GSRs (GSR orientation booklet and basics)

Role Call of GSRs

Reading of the Service Paragraph, 12 Concepts, 12 Traditions

Attendance

(Add from notepad)

Penny A., Samantha S, Steve C., Andrea P., Emma G., Jesse P., Jesse M., Chris P., Matt C., Kevin B., Jenn B., Sonja J-C., Gale M., Max P., Liz H., Kim H., Madi C., Paul C., Sandra P., Kevin B

Adoption of Minutes

Adopted- Yes

Group Reports

Clean and Serene Group

Matt C. in Attendance- email

Hello everyone,

The Clean and Serene Group has been doing well and continues to spread the message to the still sick and suffering addict. Meetings are held Monday and Wednesday at the Grace Presbyterian Church at 7pm. Our attendance averages between 8 to 13 addicts per meeting. Mondays we continue to read and share about the JFT, and Wednesdays being based on topics selected by members and/or other readings. Today we have a literature order of \$280.55 and \$200 contribution to the ASC.

YILS, Matt C. GSR

Unity Is The Key

Gail in attendance for Nikki

(Handwritten copy)

Good day fellow addicts,

Unity is Key group is doing well with an average of 20-25 addicts per meeting. We meet every Tuesday and Thursday from 7pm-8pm. Both meetings are literature based. We are getting ready for our Fun in Recovery on August 9th at 51 Church Street, starting at 11am until 8pm. Hope to see you guys there.

Our income \$1613.00 minus \$200 for prudent reserve, minus \$550 for Fun in Recovery, minus \$150 for rent and literature of 133.40, and a donation of \$800. Leaving a balance of \$410.00 for purchasing merchandise for our Fun in Recovery.

In Loving Service Nicky G. - GSR

Fun in Recovery- August 9th

Free Spirit Group

Kevin B. Alt GSR in attendance

Hi everyone,

The Free Spirit Group is doing well; we continue to meet twice weekly with consistent attendance, averaging 17 addicts per meeting. The group's meeting format remains unchanged. We alternate reading from the Living Clean and the JFT on Mondays and Wednesdays. Once a month we read from the SPAD and once a month we have a topic discussion.

A business meeting was held on July 2 with 9 group members in attendance. Two new members have joined the group since the last area meeting. We discussed how we can practice unity by organizing some fun fellowship activities this summer. The group has also started planning an event for this fall with workshops and speakers – more will be revealed.

Upcoming anniversaries:

Julia H – 2 years August 20

Kelsey P – 6 years August 25

During this cycle, the group brought in \$502.00 as per Kevin 7th contributions and literature sales. The group placed a literature order in the amount of \$224.01, paid \$120 for 3 months of rent and has decided to put \$68.24 toward our event fund.

In loving service,

Julia H, GSR

Living In The Miracle Group

Penny- add from email

Hello Family,

Our meetings are going well, still meeting at 68 Church Street every Friday and Sunday at 7pm. We are an open meeting with on-street parking. Complimentary coffee and tea are served. A strong message of recovery is being shared at our meetings with a focus of discussing NA literature. On Friday's we read from the It Works How and Why, and on Sunday's we read from the Basic Text. Our once-monthly candlelight meetings have been a success, held the first Sunday of the month. We read from an IP at these meetings. We are averaging 15 addicts per meeting.

We have been holding Friday Night Socials on the 2nd and 4th Fridays of the month. These Socials are a great opportunity to have fun and fellowship in a safe environment. As of our last business meeting on July 13th, we decided to donate an extra \$10 for rent for these events even though the church did not require additional rent. Snacks are provided by donation.

Our income since the last ASC was \$683.30, our rent was \$170. We have a literature order for \$365.05. Our seed money for our next event is \$200, to which we added \$10 to bring it to \$200. Our prudent reserve is \$500, leaving us with a remainder of \$138.25 which we have as a donation to the ASC.

Anniversaries for this cycle are Faith H. -1 year on August 15th, and Penny A.-6 years on September 7th.

In Loving Service,

Penny A. GSR

Nature of Recovery

Greetings Fellow addicts,

This report covers from 8 Mar 25 to 28 June 25.

We had \$634.10 Seventh Tradition donations. Average 7th per meeting \$28.80. We have a literature order of \$31.09. All our expenses are paid including rent for Jul-Dec \$120.00 and a Zeffy fee of \$2.00. We have a prudent reserve of \$20.00. We have a contribution to the Area of \$481.01.

We held a business meeting on June 28. We decided we will have a pot luck and speaker meeting on 18 Oct. I believe the flyer has been sent into the ASC website, although when I last checked it was not showing on the events calendar.

YILS

Jesse M

GSR

Nature of Recovery Group

Freedom Group

(Not in attendance) (Emailed report)

Hello N a family, blessings to you all.

The freedom group has been holding regular meetings. There was 13 in attendance to the double anniversary June 27. We have an average meeting attendance of eight at our meetings now.

Last area, we forgot to record our rent, so we use \$50 out of our reserve to pay the rent. What's left our prudent reserve at \$5.45. So our total seventh was \$278 we are donating \$228(\$Given from Jesse to Steve). We paid our rent that was \$50. And the prudent reserve is still \$5.45. And we did not make a literature order this time either. It seems that people don't want to take them off the rack. Lol they liked them in the middle of the table.

I'm so sorry that Jeff and I couldn't make it to area this time. Looking forward to seeing you at the next one.

In loving service, Joe G

Living Free

Alt GSR Max P. In attendance

(C&P from FB Messenger)

Good morning,

Living Free- Group is doing well with an average meeting attendance of approximately 25 members. We had some discussions about how we present ourselves during the meeting and how to mitigate distractions. We have welcomed Jamie M., Owen G., and Wayne C. As new members.

We have brought our groups prudent reserve to a total of \$250. And also started an activities fund with a total of \$200 in that. Our literature order will be \$234.0 and our donation to area will be \$260.30.

Yours In Loving Service,

Cody P. GSR

RCM Report

Liz in attendance.

Reports added as attachments for RCM and RCM Regional

Alt-RCM Report

Hi everyone,

The Regional Service Committee meeting was held on May 25th in Fredericton. In addition to the Regional Admin team, the meeting was attended by Central Nova, PEI and Newfoundland and Labrador Areas and 16 interested members. Overall we had a great turnout for the regional assembly. The admin members expressed gratitude to the host committee, acknowledging the hard work that goes into planning and putting on the event. Great work everyone!

Updates from other areas:

The Central Nova Area currently has 35 groups with 45 meetings per week. The area held a Spring into Recovery day in April with workshops, dinner, dance, PR and Literature presentations. They are hosting several events throughout the summer, including a camping weekend, beach day, family day, corn boil and baseball. Central Nova has a new area website up and running and is doing well with PR. For H&I, they have 11 members with paperwork completed to go into the prisons, as well as a panel that does presentations at the detox facility.

Newfoundland and Labrador Area welcomed their new alt-RCM, Hilary P. NL has 16 active homegroups across the island and mainland, with 20 in-person and 10 virtual meetings per week. For H&I commitments, there are weekly meetings at the Recovery Centre in

Pleasantville and the Grace Centre (Rehab) in Carbonear, two meetings a month at Her Majesty's Penitentiary, one meeting a month at Clarenville Correctional Women's Facility. Newfoundland hosted their 2025 convention June 6-8.

The PEI area also welcomed a new alt-RCM, Paul M. There are 6 homegroups on PEI, with meeting sizes ranging from 15 to 70 addicts. They have regular H&I commitments at the rehab centre, Lennon House and Saint Eleanor's House. When the new school year starts, the area is planning to do PI presentations at local universities, colleges and high schools. For PR, they have signs in bus shelters, LED sign boards across the island and newspaper ads.

Visit CARNA.ca for information on upcoming fellowship events being hosted across our region. The next Region meeting is August 10th at 10 am on Zoom.

Thank you Liz for your service as RCM. You've been doing a fantastic job and I've learned so much serving beside you! After some consideration and guidance, I would be willing to take on the RCM role for the rest of this term, if the area sees fit. I would also be happy to remain alt-RCM if someone else is interested in the RCM position. Thank you for allowing me to serve!

In loving service,

Julia H, Alt-RCM

Vice-Chair Report on PR and H&I Efforts

H&I EFFORTS

Andrea for Cody

PUBLIC RELATIONS

(Held PR meeting after ASC meeting concluded)

Literature Report

From Jesse

Report received by email is blank

Web Coordinator Report

Steve C. -From email

Website seems to be functioning well with the exception of when someone clicks to contact our area. Those emails are going to 2 persons personal emails rather than the Area committees email? I believe that admin will make a recommendation to have this change implemented.

YILS:

Steve C.

Phone Line

As for our phone Line I received an email back from Fredericton Voice saying that they will not currently deal with me as emails I have been provided none of them are the email that initially set up the service with them. In order to get the billing switched to go to the nanbasc@gmail.com email address they need an email transferring that responsibility from that initial email to our current area address.

YILS:

Steve C.

Paul-Tim has this. Steve-Tim sent email and passwords for each city, every email gets the same response, not correct email that initiated email that is set up to be responsible.

Andrea asked Pau about the website emails- Does he have info to change this

Paul- he changed this to go to Steve's personal email- Paul will check on this

CCNA- Paul- travels across country, ATL canada turn to host CCNA-, SJ- Fred-Moncton hotel properties with Jim F. To try venues that will work for us. Checked out Delta- Bar in lobby turned them down. Final proposal for Delta in Moncton Mid Sept 2026. Will pick Online local assets

Fred inn- Can't hold 500 people in one spot

Hilton Fred- 2 separate contracts

Break (11:35am)

Treasurer's Report

Steve C. Emailed report

(Screenshot) attached

Insurance- Penny how do we pay? Steve-Every 2 months will send cheques when he has balance to pay

Old Business

RCM Position Available-Kevin-In Alt. RCM Julia H. Stated she would take the position, but she needs to be here- Alt RCM minutes read at this time by Kevin B.

Insurance-Steve waiting for paperwork to come in so he can send checks- Liability insurance that covers all area and all events they host whether they are at a meeting location or not all groups are covered by insurance

Paul C.- cap-2 million Steve C. When he gets paperwork he will know

Secretary reach out to Eel Ground-Done left our area part of Northern NB. Steve C. Will remove from our website

Bank Account-

Phone Line

Mailing List

H&I Saint John- emailed to us a couple of times that the person in SJ doesn't want to do it, not Area's job to appoint an H&I person

Jesse will cover in his report

Liz asked about PR if report will be ready at the ASC, Cody wrote a short report, Jesse will start reporting at next area- PR at probation office- All PR will be done as according to agenda- Liz emailed Jesse

Open Forum (Group Concerns)

Members doing H&I w/o Area's knowledge- Andrea- come to our attention that people are going into penitentiaries w/o area knowledge- Steve received a message if he would be interested in going into a pen that area already goes o, nothing discussed at area or PR, multiple messages, was told this wasn't an Area "thing". If people from our area are being asked if should be under Area's umbrella.

Kevin B.- thought it meant if there was interest, then would go to area Steve- they were contacted via the area website, no email from pen that is asking us to go to pen, if from personal email not "cool", needs to be from area body and not from individual-

Liz and Steve- this goes against our traditions

Sandra- at our group we had an AA member come in and get our literature, AA member bought NA lit for the institution-

Steve- I believe that is the facility that reached out.

Jesse- request through the Area website from Renous, is this the same one?

Steve-Yes, but those are going to personal emails instead of area body. Steve s/w a sponsee, was told someone from Renous clicked on email on website, individual took on the response of this email and has stated this is not areas concern, but it is as they reached out on out on Area website. This is why we are trying to get emails going to area email instead of people not in Area body. Steve hasn't seen any of the emails. Jesse said he can forward the email. Steve and Samantha will wait until we have access to website email.

Jesse- we don't have enough people.

Liz-is this a different facility? Or different facility

Steve/Andrea- yes. It's not about them asking for resources, but about them wanting H&I meeting

Paul to log into the form, it does go to us and also forwarded the submission that was sent to some before.

Steve C. That person has access to contustus.ca, but we have a Gmail email. Paul domain name he can connect to the forum so Steve and Samantha can have access to the email

Poster Drive- update Liz stepped down from PR chair, Andrea is now PR chair- meeting July 29th 6pm at VHC- If you want to be added to the FB chat let Andrea P know Chris P. Aware of meeting or can just speak about poster drive via FB Chat group Liz- Pumped up PR, Fredericton is receiving this very well, great way to get involved. Andrea- Excitement of it is not as she was expecting and most of them are newcomers, but we need some people with experience to go with people who have not done it. If you have done a poster drive please get involved.

Poster drive meeting will be about zones etc. for people who haven't done poster drive yet

Sandra- process to get into Renous is a long process, she knows the person who puts on meetings inside for AA, would it be possible to be in collaboration with the AA member going into Renous to provide NA lit to Renous. AA member goes consistently, her group donated the lit. For the AA member to go into Renous. This is being asked.

Jesse- Has it to send to Renous. Will give to Sandra

Liz- don't need security clearance to donate lit.? Sandra- No

PR- Liz? For ASC when she attended the PR zoom meeting the zoom password wasn't on the website. Area hasn't chosen someone who is responsible for adding zoom passwords to website. Should this be Jesse?

Steve- when he set it up for the PR meeting, PR chair asked him to send all info to him, he sent him a link that for most devices should be able to click on link and take you into zoom. Was able to get into zoom meeting with the link.

Sonja- Cool Dude- self titled- all NA usually has link and password posted simultaneously.

Andrea-Whoever is hosted said meeting on zoom, should have info going forward. In the end you can always ask Steve C. As he is the web guy. Steve- whoever is hosting the meeting should be the first point of contact as they will have the info.

Chris- asked Liz is she got into the zoom meeting> Liz- I was able to get pw from Steve C., but she knew to contact Steve or Jesse.

Andrea- When we have things like that on calendar, do we post a contact with the added announcement/meeting? If not, could this be something that we do going forward?

Steve- Clicking on link for last months sub com, the link is showing with password. Click on the link in the calendar it will show the whole announcement/meeting. (went over 2 different examples) He believes he forgot to put PW up for last PR zoom meeting, but has been corrected.

New Business

Paul C. Looking for support from ARea for nomination for RD at the next RSC

Name was put forward at last RSC, 33 years clean, has been involved in Area, region, national, lots of service experience. Continues to mentor behind the scenes. Continues to go to Dorchester Pen and Ridgewood. Other individual that is running for position should be mentored and he has the experience. Is currently mentoring. Is looking for support to run as RSC Delegate. He was Delegate 18ish years ago. Was asked by NAWS to do some conferences.

Max P.- thanked Paul for his service vote of confidence

Liz- DidKarl G. Ask for vote of confidence

Sandra- Vote of confidence

Will type up vote of confidence for Paul from Area- Need letter of support prepared before August 10th- Samantha to do, sign by Andrea and Steve

Paul C. Are we offering support or vote?

Kevin B.- RCM or local ACM

Paul- ACM

Jesse- would like to schedule PR meeting August 23rd, 1pm

Sonja- ?- how often is the calendar updated- how many days/weeks are added to calendar-
Andrea/Steve- Goes over everything submitted at ASC- Once we get the email “issue” fixed
on website we will be able to get events added from add event quick link

Liz- all newcomers, if you feel lost please feel free to speak and get involved

Steve- gave apology for his slack in duties, appreciates understanding of area body- is
forgiven

Adjourned ().

Announcements

Free Spirit- Julia H. 2 Years August 20th, Kelsey P. 6 years August 25th

Living In The Miracle- Faith H. 1 year August 15th, Penny A. 6 years September 7th

Living Free- Jamie N. 1 year August 9th

Fun In Recovery- Moncton, August 9th

Nature Of Recovery-October 18th, Pot Luck w/ Speaker- waiting for poster to be added to
website

August 10th-Regional Elections- Meeting on zoom- ID attached to RCM Report- 10am

February 7th, 2026 Regional- Hybrid- NL possibly hosting? More will be revealed RCM

Meeting Adjourned ()

Upcoming ASC dates

September 20th, 2025 – Moncton 11am- 51 Church Street. Admin Meeting at 10:30am- Venue booked.

November 22nd, 2025 – Rothesay

January 17th, 2026 – Fredericton

The following was asked from Tim K

1. Below is a statement I believe to be incorrect, it is %100 the responsibility of the Admin body to cover any Area positions that are not able to be covered anymore. Please let me know who I should pass this responsibility off to at the Area. (In response to H&I Saint John- emailed to us a couple of times that the person in SJ doesn't want to do it, not Area's job to appoint an H&I person. Jesse to cover in his report
2. Renous came through when there was no one at the area to take care of. Who should I send this to? I would like nothing more than to not have to deal with this arduous task.
3. Been asking for almost a year to be removed as a signing officer, but have not received any update. Is this complete? I didn't see anything on the old business or I missed it.
4. Has the payment method been changed for the phone Line? I didn't get any confirmation of that either. My card was compromised and I got a new one so I didn't bother changing that on the freedom voice website as y'all were working on getting my credit card off of there. I had informed your treasurer that I wouldn't be changing the number there and this would cause the phone Line to be shut down if the method of payment was not updated

-Also asked to be removed from ASC Minutes email list